

# INTEGRATIVE PAIN SERVICES, P.A. MARK S. WHITE, D.O.

4807 SPICEWOOD SPRINGS ROAD BUILDING 1, SUITE 1235 AUSTIN, TEXAS 78759

(512) 795-9977

# Curriculum Vitae

November 6, 2011

License

1983, State of Texas, #G4421

### **Board Certification**

Diplomate of the American Board of Anesthesiology, April 1986 Diplomate of the American Board of Pain Medicine, February 2001 Diplomate of the American Academy of Pain Management, January 2001

## Qualification

Interventional Pain Management (Spinal injection procedures, nerve blocks, joint injections, sympathetic blocks, radiofrequency thermocoagulation, spinal cord stimulation, peripheral nerve stimulation, etc.), Anesthesiology, Acupuncture, Osteopathic Manipulation.

### Professional Organization Membership

American Pain Society, American Academy of Pain Medicine, American Academy of Pain Management, American Society of Interventional Pain Physicians, Society of Pain Practice Management, American Academy of Medical Acupuncturists, American Medical Association, Texas Medical Association, Texas Osteopathic Medical Association District 7 (Past President), Travis County Medical Society, Chairman – Travis County Medical Society Physician Health and Rehabilitation Committee.

# Education

Southwestern University B.S., Biology, 1971-1975

Georgetown, TX

The University of Texas Graduate Student, Physiology, 1975-1976 Austin, TX

Fax: (512) 418-8445

North Texas Health Sciences Center/ Texas College of Osteopathic Medicine D.O., 1976-1980 Fort Worth, TX

### Additional Education

Rocky Mountain Hospital Denver, CO

Internship, 1980-1981

University of Colorado Health Sciences Center Denver, CO

Anesthesiology Residency including rotations through Pain Management Clinic, 1981-1983

UCLA School of Medicine Los Angeles, CA

Medical Acupuncture for Physicians, 1996-1997

Private Practice of Anesthesiology/Pain Management

Round Rock Hospital, 1983-1994

Sabbatical

Undertook comprehensive review of medicine, participated in numerous courses covering acupuncture, osteopathic manipulation, anesthesiology, and pain management receiving over 400 hours of AMA/AOA Category I CME credit, 1995-1996

**Integrative Pain Management** 

Austin, TX

The Pain and Stress Management Center, 1997-1999.

Integrative Pain Services (Medical Director) 1999-present.

Austin Pain Therapy Associates (Medical Director) 2001-present.

Training Faculty: San Diego, CA

Sutherland's Methods for Treating the Rest of the Body From the Ground Up

The Cranial Academy, June 26-28, 1998

Teleconference Presentations:

Current Options for the Management of Chronic Neuromuscular Pain

Sponsored by The Institute for Medical Studies

Supported by Athena Neurosciences: July-August, 1998

Lecture:

Acupuncture in the Modern Medical Practice Fort Worth, TX

Presented to The American College of Osteopathic Family Practice

August 7, 1998.

Drug Study:

Austin, TX Cedra Clinical Research

Principal investigator in Analgesic Drug Study (later known as tapentadol)

September-October, 2001

Lecture:

An Overview of Pain Management

Austin, TX

Round Rock, TX

Presented to the Psychiatry residents at the Austin State Hospital.

May 16, 2001.

### Lecture:

Analgesics and Co-Analgesics in Pain Management

Grand Rounds General Staff Meeting at South Austin Medical Center.

November 1, 2001

Austin, TX

### Lecture:

"How to Diagnose Pain (and the Different Types of Pain)": Texas Pain Society Regional Meeting on Pain Management, June 6, 2009 Round Rock, Texas, Austin Marriott North Hotel.

### Lecture:

Interventional Management of Chronic Facial Pain and Headache: American Association of Oral and Maxillofacial Surgeons; 91<sup>st</sup> AAOMS Annual Meeting, Metro Toronto Convention Centre October 15, 2009, Toronto, Ontario, Canada

# Pain Management Workshops/Courses:

The Pain Center, Programming for Success—SPPM—Scottsdale, Arizona—43.5 hours—February 10-14, 1999.

AnalgesiaFile—36 hours—January-December, 1999.

Pain Management for the Practicing Physician—SPPM—Cambridge, MA—39.5 hours—July 19-23, 2000.

ISIS 8<sup>th</sup> Annual Scientific Meeting, San Francisco, CA—16 hours—September 8-10, 2000.

Interventional Pain Management Techniques Workshop, Austin, TX—19 hours—October 21-22, 2000—Lumbar/Cervical injections, Pulsed EMF, RF Lesioning, Lysis of Adhesions, Epiduroscopy, Discography & Intradiscal RF, Laser Discectomy, Spinal Cord Stimulation & Drug Delivery System Implantation.

AnalgesiaFile—36 hours—January-December, 2000.

ISIS Phase 1 Lumbar Workshop Using Cadavers, Burlingame, CA—13 hours—January 13-14, 2001.

ISIS Phase 2 Lumbar & Thoracic Workshop Using Cadavers, Tampa, FL—13 hours—February 10-11, 2001.

American Academy of Pain Medicine, 17<sup>th</sup> Annual Meeting with Review/Refresher Course, Miami Beach, FL—32.25 hours—February 15-18, 2001.

14<sup>th</sup> Annual Pain Management Symposium, SPPM, Scottsdale, AZ—30.0 hours—March 21-25, 2001.

Radiofrequency Lesioning & Intradiscal Therapies, Clinical Education Services, Houston, TX—15 hours—March 31-April 1, 2001.

ISIS Phase 4 Discography Workshop Using Cadavers, Memphis, TN- 13 hours – October 13-14, 2001.

ISIS Phase 3 Cervical Workshop Using Cadavers, Memphis, TN- 13 hours- October, 27-28, 2001.

ISIS Phase 5 Radiofrequency Lesioning & Intradiscal Electro Thermocoagulation Workshop Using Cadavers, Austin, TX – 13 hours – November 10-11, 2001.

ISIS The Guidelines, Orlando, FL – 11.5 hours – February 16-17, 2002.

American Society of Interventional Pain Physicians  $2^{nd}$  Semiannual Interventional Pain Medicine/Pain Symposium, Las Vegas, NV -20 hours - March 15-17, 2002

ISIS 10<sup>th</sup> Annual Scientific Meeting, Austin, TX – 16 hours – September 6-8, 2002.

Twentieth Annual Pain Symposium, Texas Tech University Health Sciences Center, Department of Anesthesiology; The International Pain Institute; Office of Continuing Education; Texas Pain Society; and The World Institute of Pain – Lubbock, TX – 20 hours – June 13-15, 2003

Dannemiller Analgesiafile – 24 hours December, 2004

Physician Responsibility in Pain Management – St. David's Hospital – Dr. Matthew McCarty – (Ethics) 1 hour August 24, 2004

Evaluation and Management of Excessive Daytime Sleepiness – 1.0 hour November 10, 2004

Dealing With Patient Diversity – St. David's Hospital – (Ethics) 1 hour February 8, 2005

22nd Annual Pain Symposium, Texas Tech University Health Sciences Center, Department of Anesthesiology; The International Pain Institute; Office of Continuing Education; Texas Pain Society; and The World Institute of Pain – Lubbock, TX – 16 hours – June 10-12, 2005.

Treating Pain and Suffering: Ethical Dimensions – Lubbock, TX – 1 hour—June 12, 2005.

International Spine Intervention Society 13th Annual Scientific Meeting – New York City, NY—16 hours—July 15-17, 2005.

Headache, Myofascial Pain and Cervical Dystonia: Diagnosis and Treatment with Botulinum Toxin – Dallas, TX- 7.5 hours- April 8, 2006.

23<sup>rd</sup> Annual Pain Symposium, Texas Tech University Health Sciences Center, Department of Anesthesiology; The Interventional Pain Institute; Office of Continuing Medical Education; Texas Pain Society; and The World Institute of Pain – Lubbock, TX- 15.5 hours – AMA PRA Category 1 credits – June 9-11, 2006.

Pain and Suffering: Ethical Reflections – Lubbock, TX – 1 hour Ethics credit – June 11, 2006.

International Spine Intervention Society 14<sup>th</sup> Annual Scientific Meeting, Salt Lake City, Utah – 16 hours – July 13-15, 2006.

24<sup>th</sup> Annual Pain Symposium, Texas Tech University Health Sciences Center, Department of Anesthesiology; The Interventional Pain Institute; Office of Continuing Medical Education; Texas Pain Society; and The World Institute of Pain – Lubbock, TX – 12 hours – AMA PRA Category 1 credits – June 8-10, 2007.

Pain and Suffering: Ethical Reflections – Lubbock, TX – 1 hour Ethics credit – June 10, 2007.

North American Spine Society,  $22^{nd}$  Annual Meeting – Austin, TX – 27 AMA PRA Category 1 credits – October 23-27, 2007.

25<sup>th</sup> Annual Pain Symposium, Texas Tech University Health Sciences Center, Department of Anesthesiology; The Interventional Pain Institute; Office of Continuing Medical Education; Texas Pain Society; and The World Institute of Pain – Lubbock, TX – 12 hours – AMA PRA Category 1 credits – June 13-15, 2008.

Pain and Suffering: Ethical Reflections – Lubbock, TX – 1 hour Ethics credit – June 15, 2008.

International Spine Intervention Society 16<sup>th</sup> Annual Scientific Meeting, Las Vegas, Nevada -19 Category 1 Credits - July 23-26, 2008.

The American Academy of Pain Medicine 25<sup>th</sup> Annual Meeting, Honolulu, Hawaii – 16.75 AMA PRA Category 1 Credits – January 28-31, 2009.

Opioid Therapy: Cutting Edge Scientific Approaches and Practical Strategies, Honolulu, Hawaii – 7.5 AMA PRA Category 1 Credits – January 28-31, 2009.

Combining Non-pharmacological and Pharmacological Strategies: Optimizing Safe and Effective Opioid Therapy in Patients with Chronic Pain, Honolulu, Hawaii – 1.25 AMA PRA Category 1 credits – January 28, 2009.

Pain Management in Older Adults: Clinical Approaches to a Complex Problem, Honolulu, Hawaii – 1.25 AMA PRA Category 1 credits – January 29, 2009. From PCP to Pain Specialist: A Case-Based Approach to the Management of Patients with Moderate to Severe Chronic Pain, Honolulu, Hawaii – 1.25 AMA PRA Category 1 credits – January 30, 2009.

Optimal Pain Management in Fibromyalgia Syndrome: Current and Emerging Therapeutic Options, Honolulu, Hawaii – 1.25 AMA PRA Category 1 credits – January 31, 2009.

Opioid Therapy: Cutting Edge Scientific Approaches and Practical Strategies, Honolulu, Hawaii – 7.5 AMA PRA Category 1 Credits – January 28-31, 2009.

Combining Non-pharmacological and Pharmacological Strategies: Optimizing Safe and Effective Opioid Therapy in Patients with Chronic Pain, Honolulu, Hawaii – 1.25 AMA PRA Category 1 credits – January 28, 2009.

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Optimal Pain Management in Fibromyalgia Syndrome: Current and Emerging Therapeutic Options, Honolulu, Hawaii – 1.25 AMA PRA Category 1 credits – January 31, 2009. 501.25 – 100(3 yrs)

Texas Pain Society - 1st Annual Scientific Meeting –San Antonio - 13 AMA PRA Category 1 credits - October 23-25, 2009.

Neuromodulation from Head to Toe Preconference Session, The American Academy of Pain Medicine 26<sup>th</sup> Annual Meeting, San Antonio, TX – 4 AMA PRA Category 1 credits – February 3, 2010.

The American Academy of Pain Medicine 26<sup>th</sup> Annual Meeting, San Antonio, TX – 17.75 AMA PRA Category 1 credits – February 4-6, 2010.

Dannemiller Pain Review Course 2010, Chicago, IL -- 54 AMA PRA Category 1 credits -- August 21-26, 2010.

The  $30^{th}$  Annual Scientific Meeting of the American Pain Society – Austin, TX – 14 AMA PRA Category 1 Credits – May 19-21, 2011.

Texas Pain Society – 3<sup>rd</sup> Annual Scientific Meeting –Bastrop, TX – 12.75 AMA PRA Category 1 credits – November 4-6, 2011.

Texas Pain Society – 4<sup>th</sup> Annual Scientific Meeting –Bastrop, TX – 16.5 AMA PRA Category 1 credits – October 26-28, 2012.