

# **Texas Prescription Monitoring Program Update**

**Texas Pain Society  
11th Annual Scientific Meeting**

**October 27, 2019  
San Antonio, Texas**

**Allison Vordenbaumen Benz, R.Ph., M.S.  
Executive Director/Secretary**



**TEXAS STATE BOARD OF PHARMACY**



# About the Texas PMP

The Texas Prescription Monitoring Program (Texas PMP), managed by the Texas State Board of Pharmacy, collects and monitors outpatient prescription data for all Schedule II, III, IV and V controlled substances dispensed by a pharmacy in Texas or to a Texas resident from a pharmacy located in another state.

The Texas PMP is a patient care tool that can be used to inform prescribing practices, as well as address prescription drug misuse and diversion. The Texas PMP shares prescription data with 33 other states and entities, allowing prescribers and pharmacists to track prescriptions dispensed outside the state of Texas.





# SB500

# Enhancing the PMP

**Appropriates funds to the Texas State Board of Pharmacy for:**

NarxCare

Clinical Alerts

- Prescriber and Dispenser Thresholds
- Opioid and Benzodiazepine Threshold
- Opioid Consecutive Days Threshold
- Daily Active MME Threshold
- Daily Active Methadone Threshold

System Integration



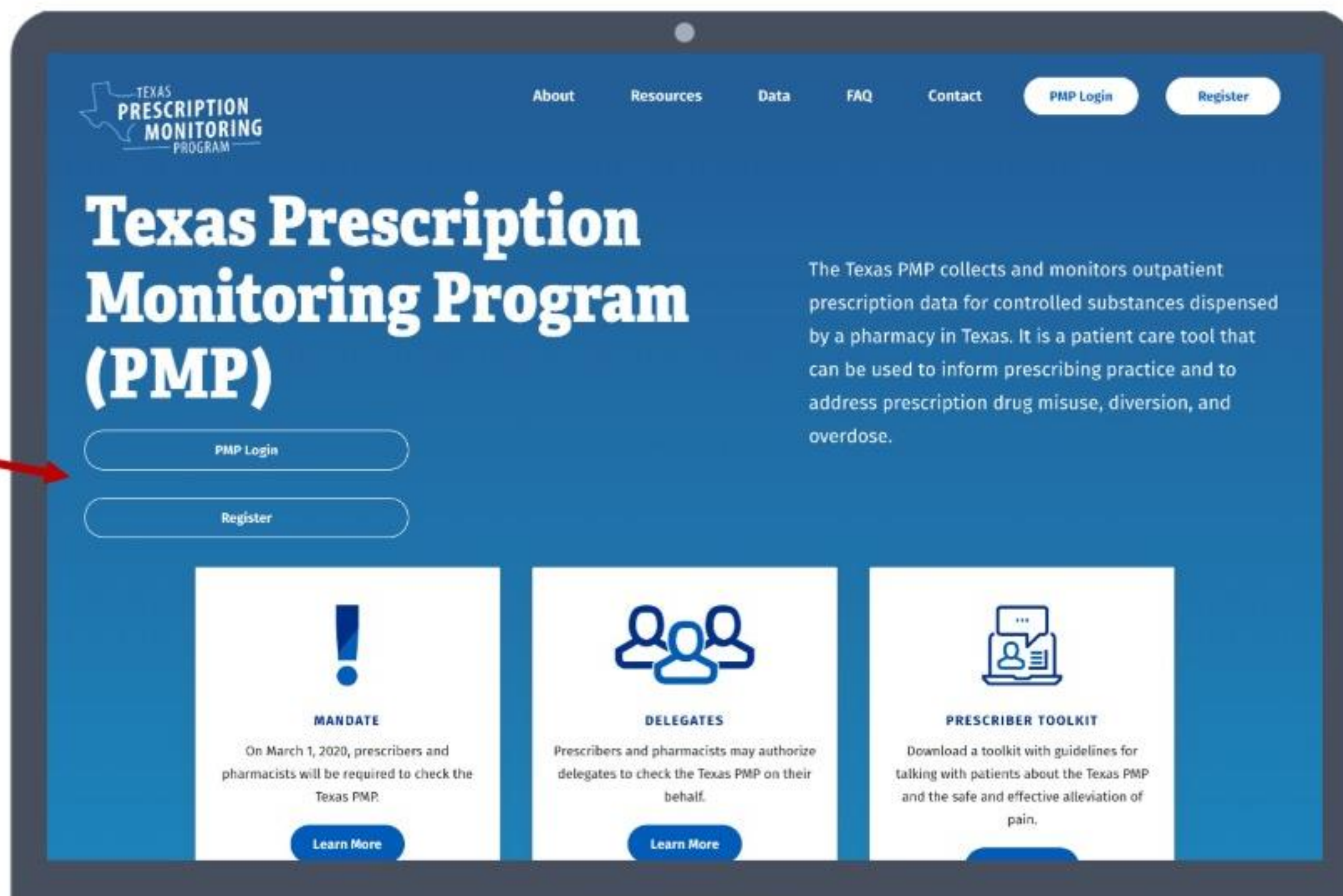
# Texas PMP Login & registration

Prescriber & pharmacist access

[www.txpmp.org](http://www.txpmp.org)

[texas.pmpaware.net](http://texas.pmpaware.net)

[pharmacy.texas.gov/PMP](http://pharmacy.texas.gov/PMP)



Texas PMP

# Login & registration



Mandatory 3/1/20 | [txpmp.org](http://txpmp.org)

A dark grey smartphone mockup displaying the login page. The screen has a light grey background. At the top, the text "Log In" is in bold black. Below it, the label "Email" is in black, followed by a white input box containing the text "youremail". Below that, the label "Password" is in black, followed by a white input box with black dots and a cursor. To the right of the password box is a blue link "Reset Password". Below these fields is a solid blue button with the text "Log In" in white. Further down is a blue link "Create an Account". At the bottom left is a blue link "Need Help?".

**Log In**

Email

youremail

Password

.....

[Reset Password](#)

**Log In**

[Create an Account](#)

[Need Help?](#)





Menu

Texas Doctor ▾

Home > Dashboard



Support: 844-4TX-4PMP (844-489-4767)



## My Dashboard

### — Patient Alerts

#### PATIENT ALERTS

[View All Patient Alerts](#)

No patient alerts received.

### — Recent Requests

#### RECENT REQUESTS

[View Requests History](#)

No Requests found.

### My Favorites

[RxSearch - Patient Request](#)

### PMP Announcements

**NEW** PMP Reminder 04/09/2018

The Texas Prescription Monitoring Program is provided to prescribers and dispensers for purposes of providing better patient ca...  
[more](#)

**NEW** Improper use of the 11/06/2017

Prescription Monitoring Program (PMP)  
Improper use of the Prescription Monitoring Program (PMP) is a serious offense subject to sanctions under federal and state law...  
[more](#)

[View all Announcements](#)

# Patient Request

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	MyRx	Password Reset	AWARxE/NarxCare User Guide	Texas Medical Board
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			Help	



# Search Requirements

Menu

Texas Doctor ▾

RxSearch > Patient Request



Support: 844-4TX-4PMP (844-489-4767)

## Patient Request

[? Patient Rx Request Tutorial](#)

[Can't view the file? Get Adobe Acrobat Reader](#)

\* Indicates Required Field

### Patient Info

First Name\*

Last Name\*

☐ Partial Spelling

☐ Partial Spelling

Date of Birth\*

MM/DD/YYYY

Phone Number

### Upload Documentation

Upload documents associated with this search request  
(e.g. subpoena).

Choose files... [Max File Size: 15MB]

### Prescription Fill Dates

No earlier than 3 years from today

From\*

09/20/2017

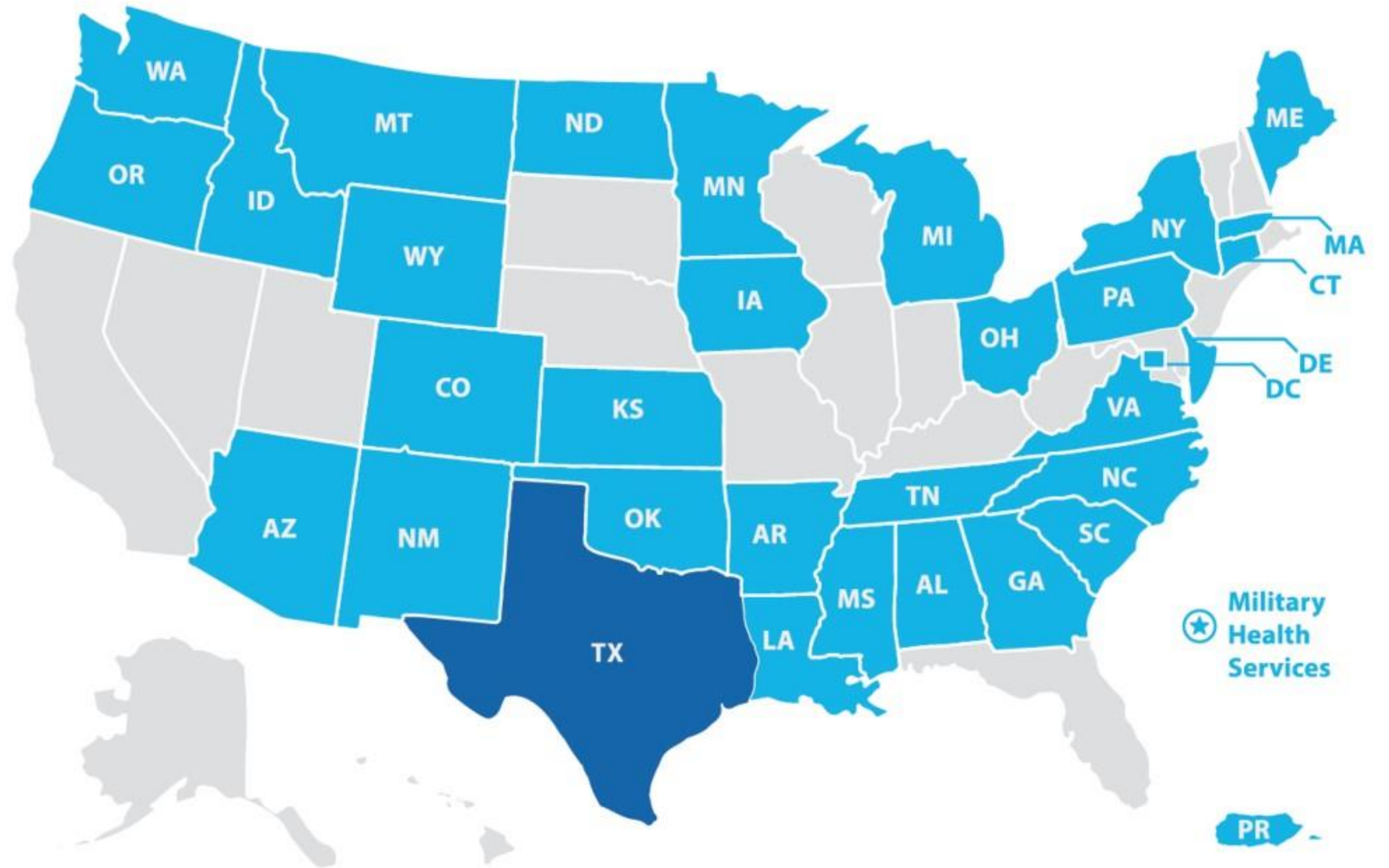
To\*

09/20/2019



# PARTNER STATES

Texas partners with 33 other states/entities to share data via the PMP Interconnect.





# Using the PMP InterConnect

## PMP InterConnect Search

To search in other states as well as your home state for patient information, select the states you wish to include in your search.

- A** ☐ Alabama ☐ Arizona ☐ Arkansas
- C** ☐ Colorado ☐ Connecticut
- D** ☐ Delaware ☐ District of Columbia
- G** ☐ Georgia
- I** ☐ Idaho ☐ Iowa
- K** ☐ Kansas
- L** ☐ Louisiana
- M** ☐ Maine ☐ Massachusetts ☐ Military Health System ☐ Minnesota ☐ Mississippi ☐ Montana
- N** ☐ New Mexico ☐ New York ☐ North Carolina ☐ North Dakota
- O** ☐ Ohio ☐ Oklahoma ☐ Oregon
- P** ☐ Pennsylvania ☐ Puerto Rico
- S** ☐ South Carolina
- T** ☐ Tennessee
- V** ☐ Virginia
- W** ☐ Washington PMP

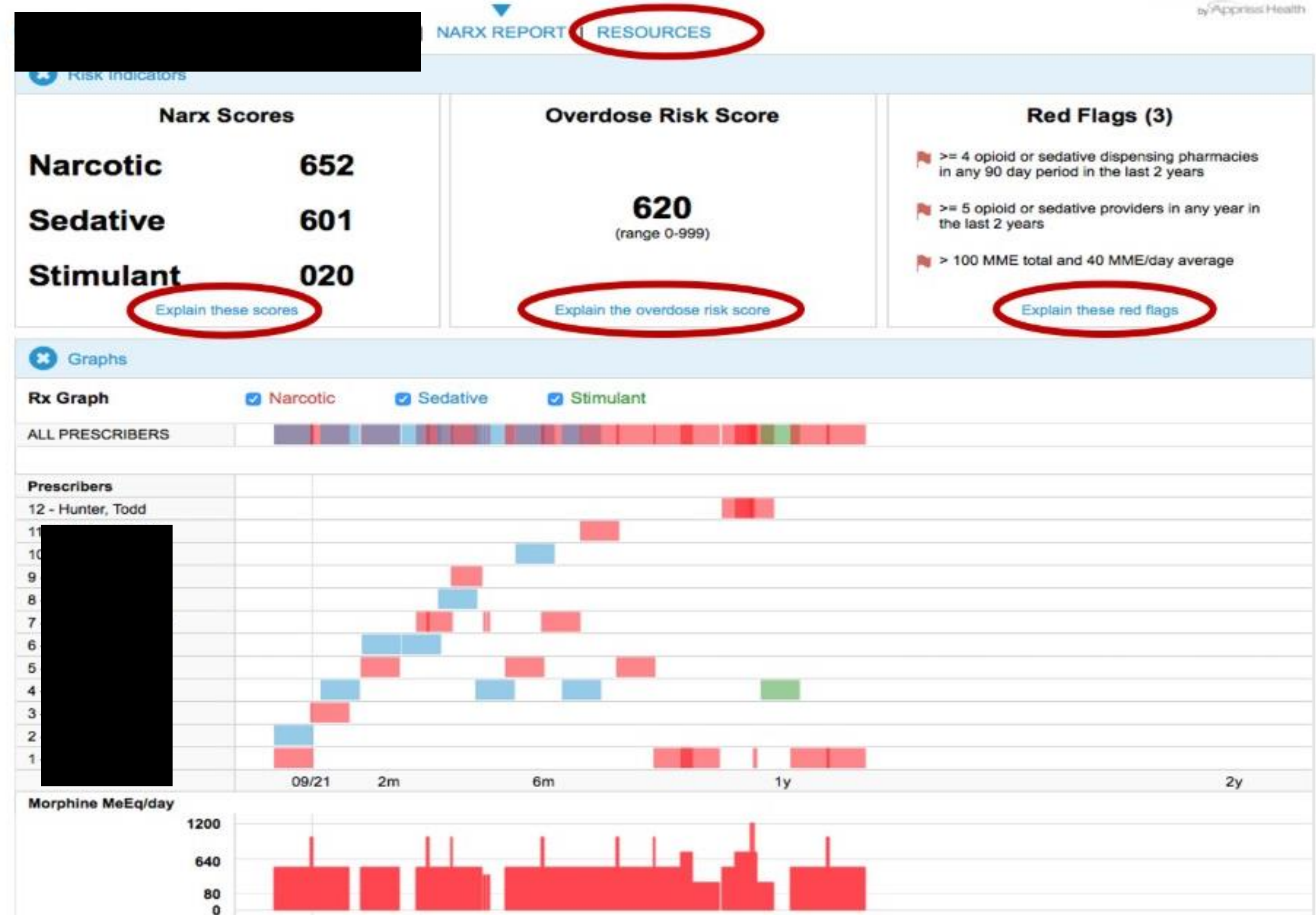
☐ I agree to the terms of [the acknowledgement](#).

Search



# NarxCare

Provides full access to state of the art tools and assessments regardless of integration status within the PMP, effective July 2019.





# Prescription History

## PRESCRIPTIONS

Total Prescriptions: 24

Total Private Pay: 0

Fill Date	ID	Written	Drug	Qty	Days	Prescriber	Rx #	Pharmacy	Refill	Daily Dose *	Pymt Type	PMP
06/24/2019	3	04/24/2019	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	556823	Har (1119)	0	20.00 MME	Comm Ins	TX
05/24/2019	3	04/24/2019	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	554210	Har (1119)	0	20.00 MME	Comm Ins	TX
04/24/2019	3	04/24/2019	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	552156	Har (1119)	0	20.00 MME	Comm Ins	TX
03/18/2019	3	03/18/2019	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	568813	Har (1119)	0	20.00 MME	Comm Ins	TX
03/13/2019	3	02/11/2019	Acetaminophen-Cod #3 Tablet	15	5	Na Tes	568431	Har (1119)	0	13.50 MME	Comm Ins	TX
02/14/2019	3	01/14/2019	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	565992	Har (1119)	0	20.00 MME	Comm Ins	TX
01/14/2019	3	01/14/2019	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	563161	Har (1119)	0	20.00 MME	Comm Ins	TX
12/14/2018	3	12/14/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	540686	Har (1119)	0	20.00 MME	Comm Ins	TX
11/12/2018	3	09/12/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	547738	Har (1119)	0	20.00 MME	Comm Ins	TX
10/12/2018	3	09/12/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	545226	Har (1119)	0	20.00 MME	Comm Ins	TX
09/12/2018	1	09/12/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	542444	Har (1119)	0	20.00 MME	Comm Ins	TX
08/09/2018	1	08/09/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	549762	Har (1119)	0	20.00 MME	Comm Ins	TX
07/09/2018	1	05/09/2018	Hydrocodone-Acetamin 10-325 Mg	60	15	Ri Tes	546870	Har (1119)	0	40.00 MME	Comm Ins	TX
06/09/2018	2	05/09/2018	Hydrocodone-Acetamin 10-325 Mg	60	15	Ri Tes	296963	Cro (4583)	0	40.00 MME	Comm Ins	TX
05/09/2018	1	05/09/2018	Hydrocodone-Acetamin 10-325 Mg	60	15	Ri Tes	562005	Har (1119)	0	40.00 MME	Comm Ins	TX
04/06/2018	1	02/09/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	569313	Har (1119)	0	20.00 MME	Comm Ins	TX
03/08/2018	1	02/09/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	566869	Har (1119)	0	20.00 MME	Comm Ins	TX
02/09/2018	1	02/09/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	Ri Tes	564608	Har (1119)	0	20.00 MME	Comm Ins	TX
01/09/2018	1	01/09/2018	Hydrocodone-Acetamin 10-325 Mg	60	30	My Tes	561531	Har (1119)	0	20.00 MME	Comm Ins	TX
12/11/2017	1	12/08/2017	Hydrocodone-Acetamin 10-325 Mg	60	30	My Tes	538943	Har (1119)	0	20.00 MME	Comm Ins	TX
11/09/2017	1	11/09/2017	Hydrocodone-Acetamin 10-325 Mg	60	30	My Tes	536420	Har (1119)	0	20.00 MME	Comm Ins	TX
10/09/2017	1	10/09/2017	Hydrocodone-Acetamin 10-325 Mg	60	30	My Tes	533389	Har (1119)	0	20.00 MME	Comm Ins	TX
09/08/2017	1	09/08/2017	Hydrocodone-Acetamin 10-325 Mg	60	30	My Tes	530594	Har (1119)	0	20.00 MME	Comm Ins	TX
08/08/2017	1	08/08/2017	Hydrocodone-Acetamin 10-325 Mg	60	30	My Tes	537799	Har (1119)	0	20.00 MME	Comm Ins	TX

\*Per CDC guidance, the MME conversion factors prescribed or provided as part of the medication-assisted treatment for opioid use disorder should not be used to benchmark against dosage thresholds meant for opioids prescribed for pain. Buprenorphine products have no agreed upon morphine equivalency, and as partial opioid agonists, are not expected to be associated with overdose risk in the same dose-dependent manner as doses for full agonist opioids. MME = morphine milligram equivalents. LME = Lorazepam milligram equivalents. mg = dose in milligrams.



# Provider & Pharmacy History

## Providers

Total Providers: 3

Name	Address	City	State	Zipcode	Phone
Myla TestDoc, Do	1000 Test Data Rd 106	Richardson	TX	75081	-
Richard TestDoc, MD	1000 Test Data Rd 106	Richardson	TX	75081	-
Nadya TestMD, MD	999 Sample Test St	Fomey	TX	75124	-

## Pharmacies

Total Pharmacies: 2

Name	Address	City	State	Zipcode	Phone
Hartmann and Sons Test Pharmacy (1119)	8770 Southampton Road	Richardson	TX	75080	(512) 111-1111
Cronin and Becker Test Pharmacy (4583)	68 Andover Rd	Fomey	TX	75126	-

## Admin:

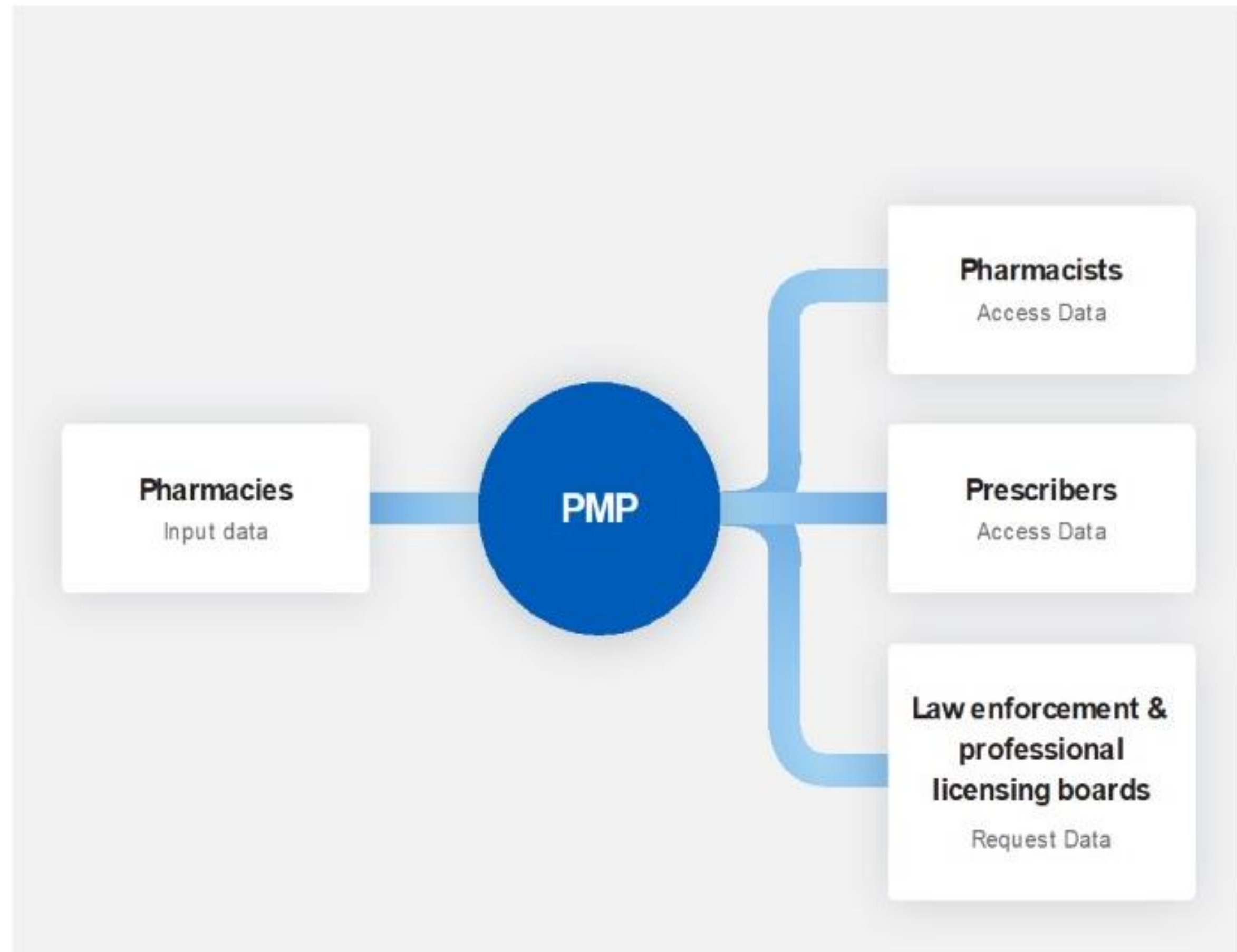
I understand that I must treat the information in the PMP system as confidential healthcare information in accordance with federal and state laws. I understand that inappropriate access or disclosure of PMP information is a violation of federal and state law, and may result in disciplinary action, revocation of PMP database access, civil penalties, and/or criminal action. I understand the PMP administrator will conduct auditing activities to monitor for unusual or potentially unauthorized use of the system. The information in the PMP database and reports generated from the information may contain errors resulting from the information submitted by dispensers. The Texas State Board of Pharmacy recommends independent verification of the patient prescription information with pharmacies and prescribers when prudent or necessary. The data available from other state Prescription Monitoring Programs is based on the data submitted by the dispensers in the specific state in accordance with their state's reporting requirements.



# Using a Delegate to Access the Texas PMP

The Texas PMP allows prescribers and pharmacists to designate an unlimited number of delegates to access patient prescription data and generate reports on their behalf. Eligible prescriber delegates include nurses, medical residents, administrative staff, etc.

The use of delegates saves time for prescribers and pharmacists, and can be helpful in integrating use of the Texas PMP into workflows.





# Delegate Management


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Menu

Use Profile > Delegate Management

 Texas Prescription Monitoring Program  
Support: 844-471-4718P (844-406-4717)

### Delegate Management

Select a delegate to review details

No Users found

Add Delegate

Email

Add

Selected Delegates

Cancel Save

Address Card

# Provider & Pharmacy History

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## Texas Board of Dental Examiners §111.1- §111.4

§111.2 requires dentists who hold a DEA registration to self-query the Prescription Monitoring Program at once a year.

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# 5-3-5 Threshold Alerts

## ▼ ▲ Suspected Prescriber/Pharmacy Shopper

🕒 08/31/2017

Please note that this person has received controlled substances prescriptions written by **10** prescribers and had them filled at **6** pharmacies during the past **3** months. This equals or exceeds the threshold of **5** prescribers and **5** pharmacies and while there may be a valid reason for this, it also may be indicative of the practice of prescriber and pharmacy shopping.

The information in the PMP database and reports generated from the information may contain errors resulting from the information submitted by dispensers. The Texas State Board of Pharmacy recommends independent verification of the patient prescription information with pharmacies and prescribers when prudent or necessary. The data available from other state Prescription Monitoring Programs is based on the data submitted by the dispensers in the specific state in accordance with their state's reporting requirements.

### PATIENT'S COUNTS

Prescribers: 10

Pharmacies: 6

Time Frame: 3 Months

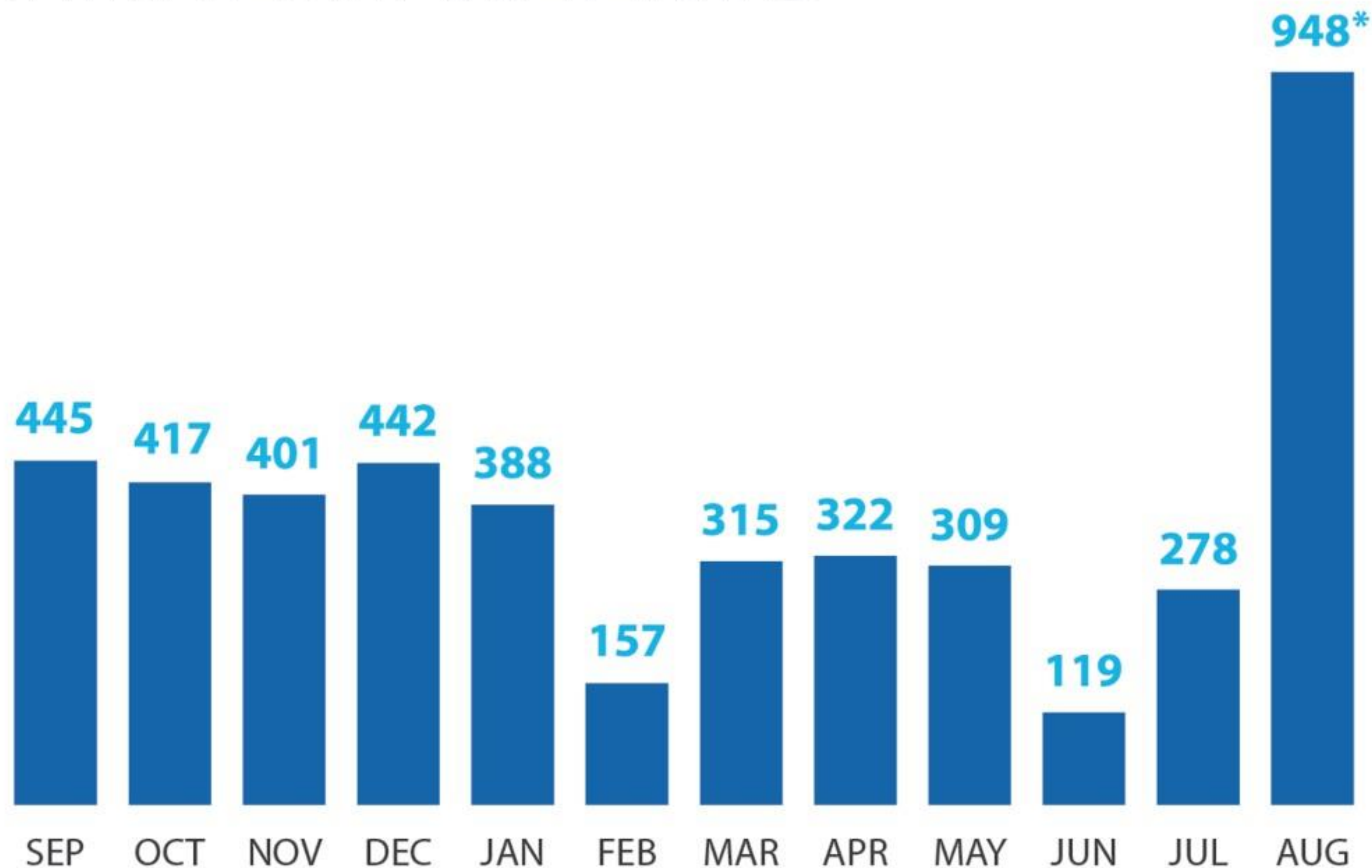
### ALERT THRESHOLDS

Prescribers: 5

Pharmacies: 5



# PATIENT ALERTS



The Texas PMP sends monthly alerts to prescribers and pharmacies when a patient is associated with 5 or more prescriptions from 3 or more pharmacies and 5 or more prescribers.

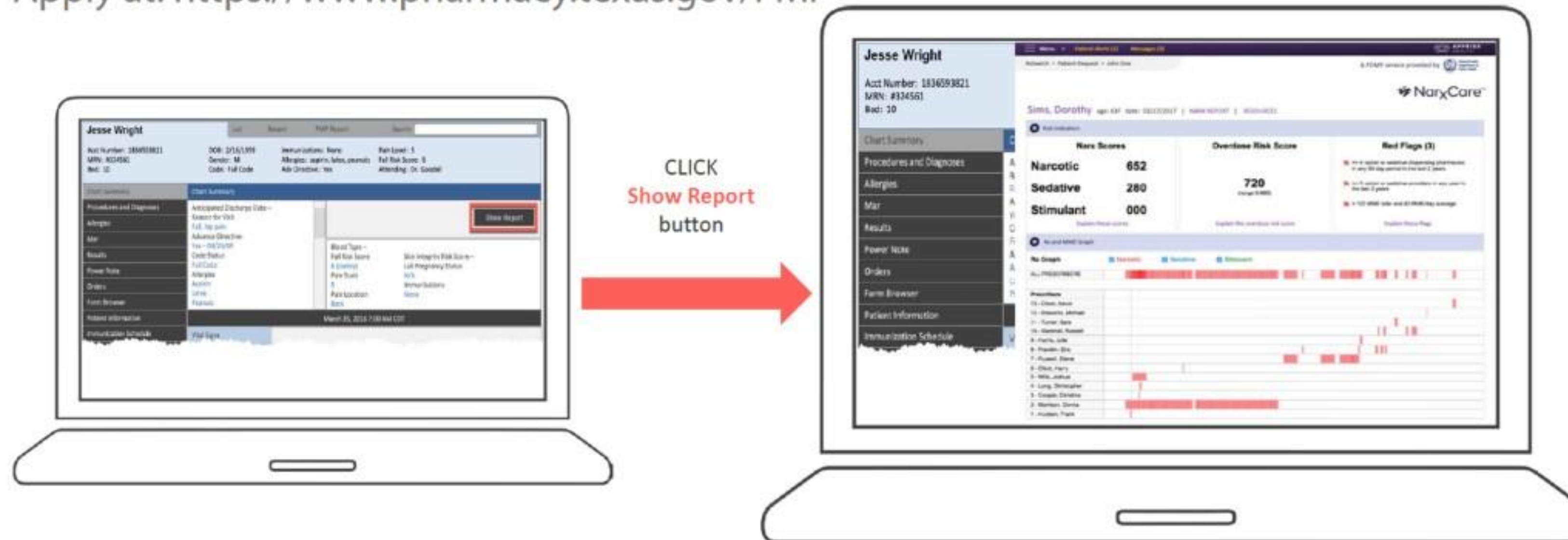
\* Before Aug 2019, alerts were sent based on a 5-5-5 threshold.



# Statewide Integration

Allows providers immediate access to the Texas PMP through their Electronic Health Records (EHR) and/or Pharmacy Management System.

Apply at: <https://www.pharmacy.texas.gov/PMP>





# Mandated Use of the Texas PMP

Effective March 1, 2020

Prescribers and pharmacists will be required by Texas state law to use the Texas PMP to review a patient's prescription history before prescribing or dispensing opioids, benzodiazepines, barbiturates, or carisoprodol.





# HB2088

# Drug Disposal

## **Under the Controlled Substances Act**

Requires pharmacy to provide written information regarding drug disposal for schedule II controlled substances.

Effective January 1, 2020



# HB2174

# Prescribing & Dispensing

## Under the Controlled Substances Act

Requires e-prescribing for all controlled substances effective January 1, 2021. Benefits:

- Adds safety and security
- Improves patient care and outcome
- Reduces errors

Limits prescriptions for opioids for the initial treatment of acute pain to a 10-day supply (no refills allowed).

Requires two hours of continuing education for pharmacists regarding approved monitoring controlled substances.

JOHN Q. SAMPLE MD  
TEXAS PRESCRIPTION PROGRAM  
P.O. BOX 4087  
AUSTIN, TX 78773-0439  
Phone # (999) 999-9999

DEAR 999999999  
CTRL# 999999999

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
Age or DOB \_\_\_\_\_ DATE \_\_\_\_\_

**R**

THE STATE OF TEXAS

\_\_\_\_\_  
PRACTITIONER SIGNATURE - INDICATE IF "BRAND MEDICALLY NECESSARY"

\_\_\_\_\_  
PHARMACIST SIGNATURE

\_\_\_\_\_  
Rx NUMBER

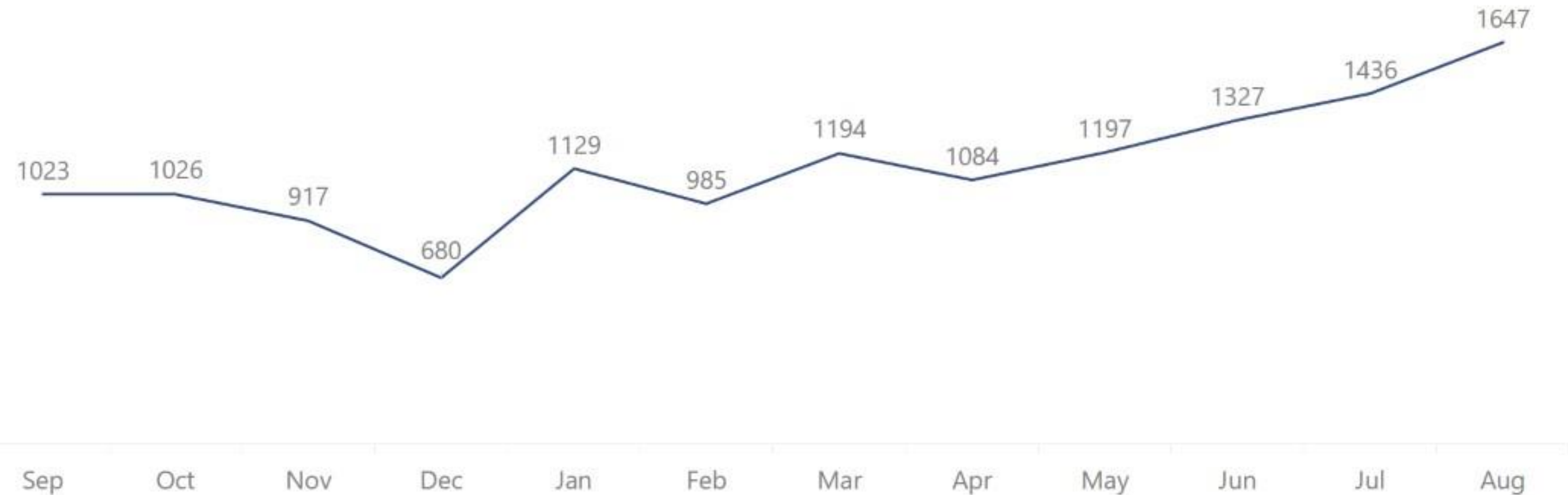
\_\_\_\_\_  
DATE FILLED

SECURITY FEATURES LISTED ON THE BACK



# 117,895 Registered Users

as of September 2019





# Controlled Substances Dispensed



**38,159,456**

Controlled substances dispensed, as reported to the Texas Prescription Monitoring Program (PMP) in FY2019 (Sep 2018 - Aug 2019).

## TOP 15 CONTROLLED SUBSTANCES DISPENSED

Controlled Substance	NUMBER OF Rx
Hydrocodone	5,019,774
Tramadol	4,541,773
Codeine	4,279,676
Alprazolam	3,053,346
Dextroamphetamine	2,713,783
Zolpidem	2,393,259
Clonazepam	1,931,898
Methylphenidate	1,595,222
Amphetamine	1,413,629
Lorazepam	1,413,143
Phentermine	1,315,979
Testosterone	1,257,689
Pregabalin	922,948
Oxycodone	905,011
Diazepam	720,355

FY 2017 **41,139,958**

FY 2018 **39,764,976**



# WHO USES THE TEXAS PMP?

% of user searches  
by license type



**46.5%**

PHARMACISTS



**24.1%**

PHYSICIANS  
(MD, DO)



**13.3%**

PRESCRIBER DELEGATES



**8.2%**

APRNs



**3.8%**

PHARMACY TECHNICIANS  
(PHARMACIST DELEGATES)



**3.2%**

PHYSICIAN  
ASSISTANTS



**0.9%**

OTHER

**TOTAL USER SEARCHES**

**12,567,013**

From FY2018 to FY2019, the number of searches increased by **4,423,709** providers.



# Control Substances.

In one year, over 1,000 Texans died from prescription drug overdose. Prescribers or their delegates will soon be required to use the **Texas Prescription Monitoring Program** to review every patient's prescription history before prescribing opioids, benzodiazepines, barbiturates, or carisoprodol.

**Help end this crisis.**

**Sign on before you sign off.**



TEXAS  
Health and Human Services



TEXAS STATE  
BOARD OF  
PHARMACY



[txpmp.org](http://txpmp.org)



Mandatory 3/1/20 | [txpmp.org](http://txpmp.org)

The Texas Health and Human Services Commission and the Texas State Board of Pharmacy have partnered with the UT Austin Center for Health Communication to promote prescribers' use of the Texas Prescription Monitoring Program (PMP), with the ultimate goal of preventing prescription drug misuse and overdose.

For additional resources and information about the Texas PMP, please visit **[txpmp.org](http://txpmp.org)**.





## Sign on before you sign off.

How important is the **Texas Prescription Monitoring Program**? Vital. Prescribers or their delegates will soon be required to use the Texas PMP to review every patient's prescription history before prescribing opioids, benzodiazepines, barbiturates, or carisoprodol.

**The PMP only works when we use it.**



Mandatory 3/1/20 | [txpmp.org](http://txpmp.org)

## E M A I L

[texaspmp@pharmacy.texas.gov](mailto:texaspmp@pharmacy.texas.gov)

## P H O N E

(512) 305-8050

## S O C I A L M E D I A

@TexasPMP

