# Cannabis, Opioids, and Public Health Implications

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$$H_3C$$
 $OH$ 
 $CH_3$ 
 $CH_3$ 
 $CH_3$ 

$$H_3$$
  $C$   $C$   $H_3$   $C$   $C$   $H_3$   $C$   $C$   $H_3$ 

$$H_3$$
  $C$   $C$   $H_3$   $C$   $C$   $H_3$   $C$   $C$   $H_3$ 

THC

Dronabinol



### Terminology

#### Cannabis-based medication

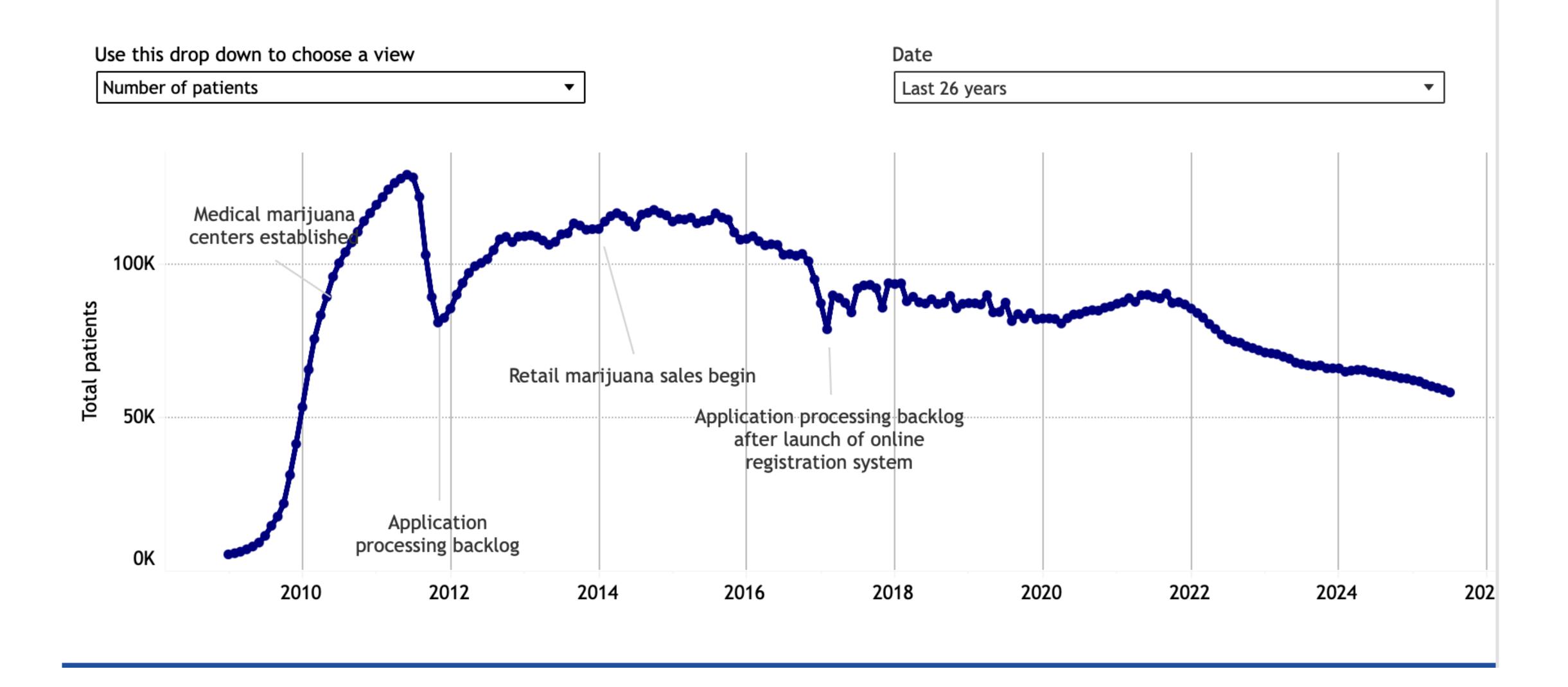
- Registered medicinal cannabis extracts with defined and standardized THC and THC/CBD content should be classified as 'cannabis-derived' or 'cannabis-based' medicines.
- Examples: Epidiolex®, Sativex ®(natural); dronabinol (semi-synthetic); nabilone (synthetic)

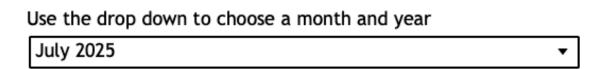
#### Medical cannabis

- Cannabis plants and plant material, for example flowers, marijuana, hashish, buds, leaves or full plant extracts
  used for medical reasons.
- Poorly regulated and poorly tested for contaminants

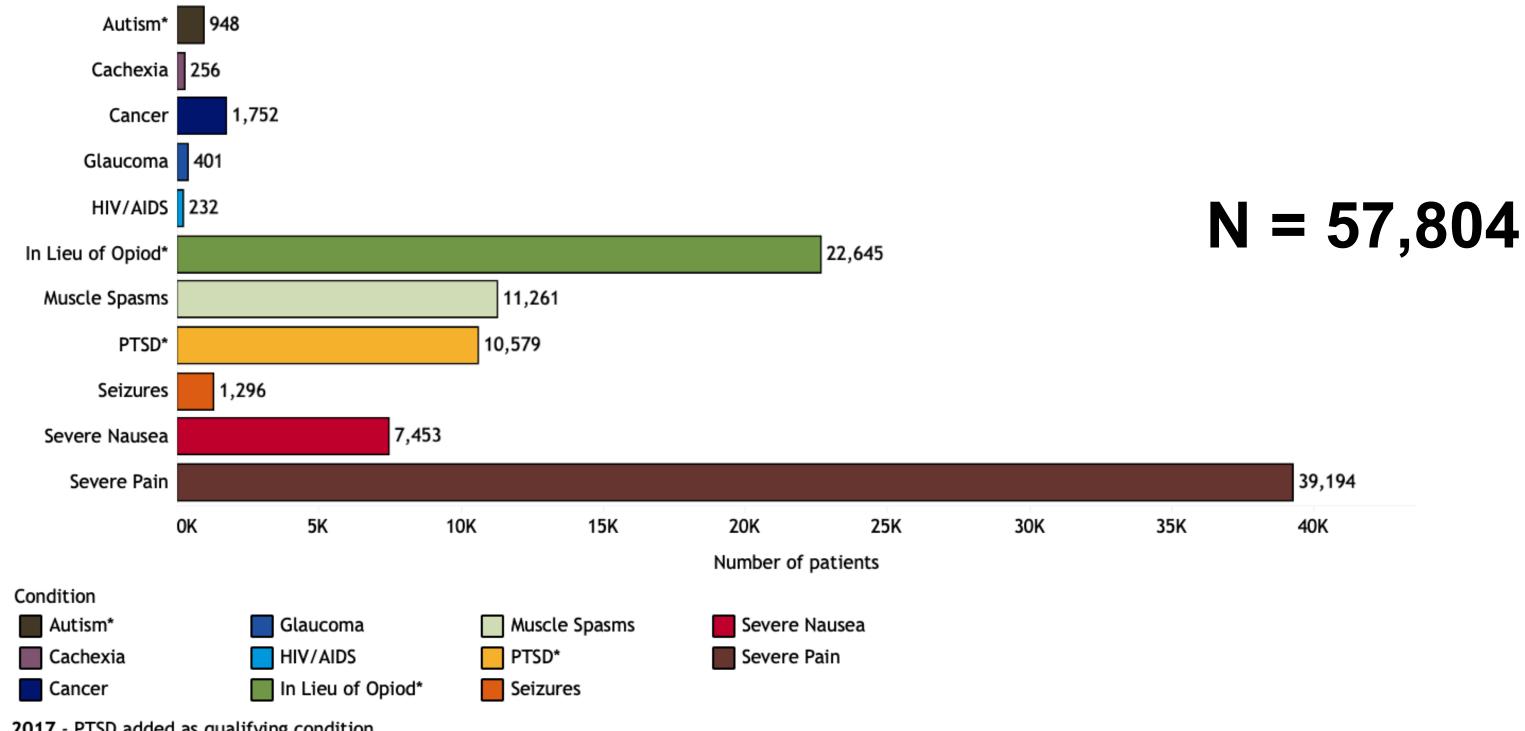


#### Number of patients





#### Medical Marijuana Registry reported medical conditions



2017 - PTSD added as qualifying condition.

2019- Autism Spectrum disorder and any condition for which a physician could prescribe an opioid were added.

All other conditions were established in 2000 under Amendment 20.

\*Disabling conditions. All eligible provider types may recommend for these conditions.

HIV/AIDS numbers were not reporting accurately from 2017-2020.

### Medical Marijuana CO

- January 2024; CO Legislative Report
- 3 providers made 25% of all recommendations (one patient every 20 minutes)

1001-2000	9
2001-3000	3
3001-4000	4
4001-5000	0
5001-6000	1
6001-7000	2

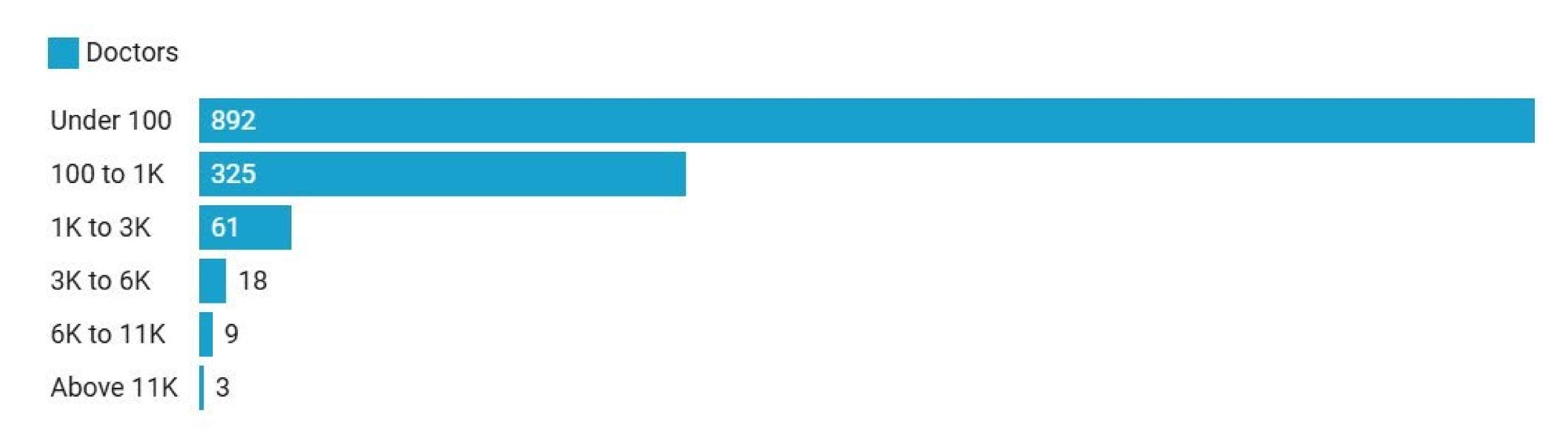
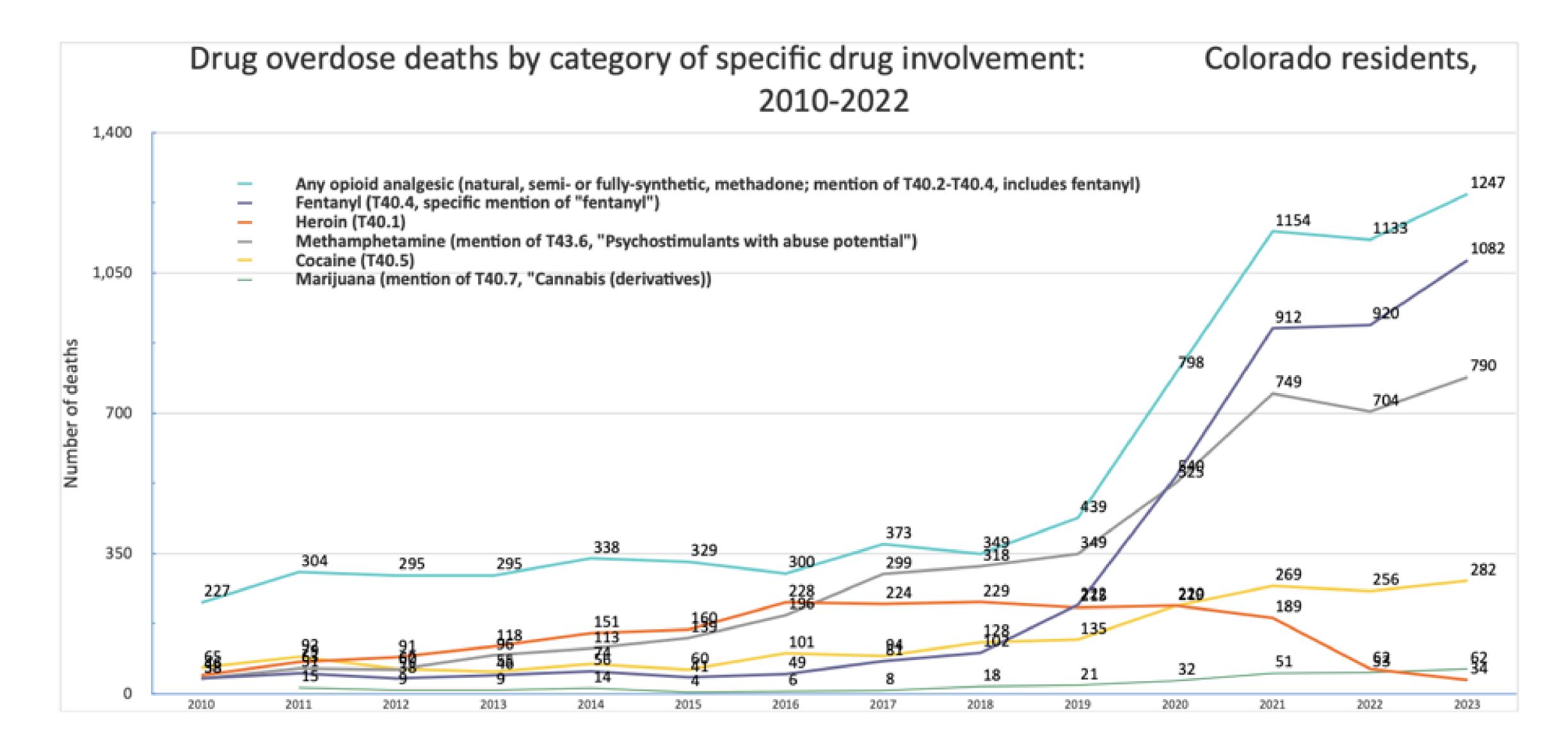
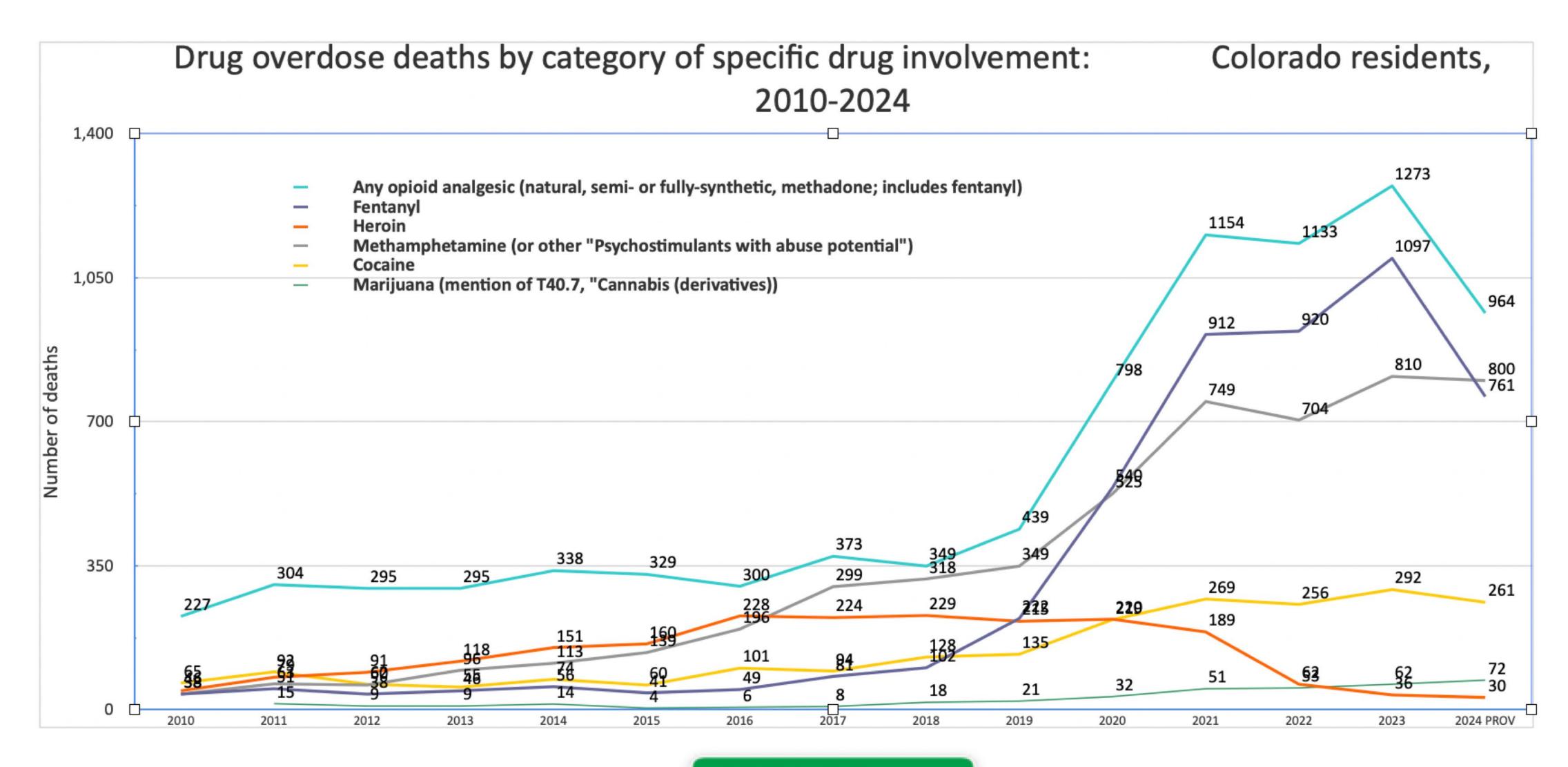


Chart: Ed Mahon / Spotlight PA • Source: Pennsylvania Department of Health data / Spotlight PA analysis • Get the data • Created with Datawrapper

https://www.spotlightpa.org/news/2025/03/pennsylvania-medical-marijuana-program-doctor-oversight/



Deaths involving more than one substance will be counted in each respective category.. Source: Vital Statistics Program, Colorado Department of Public Health and Environment.

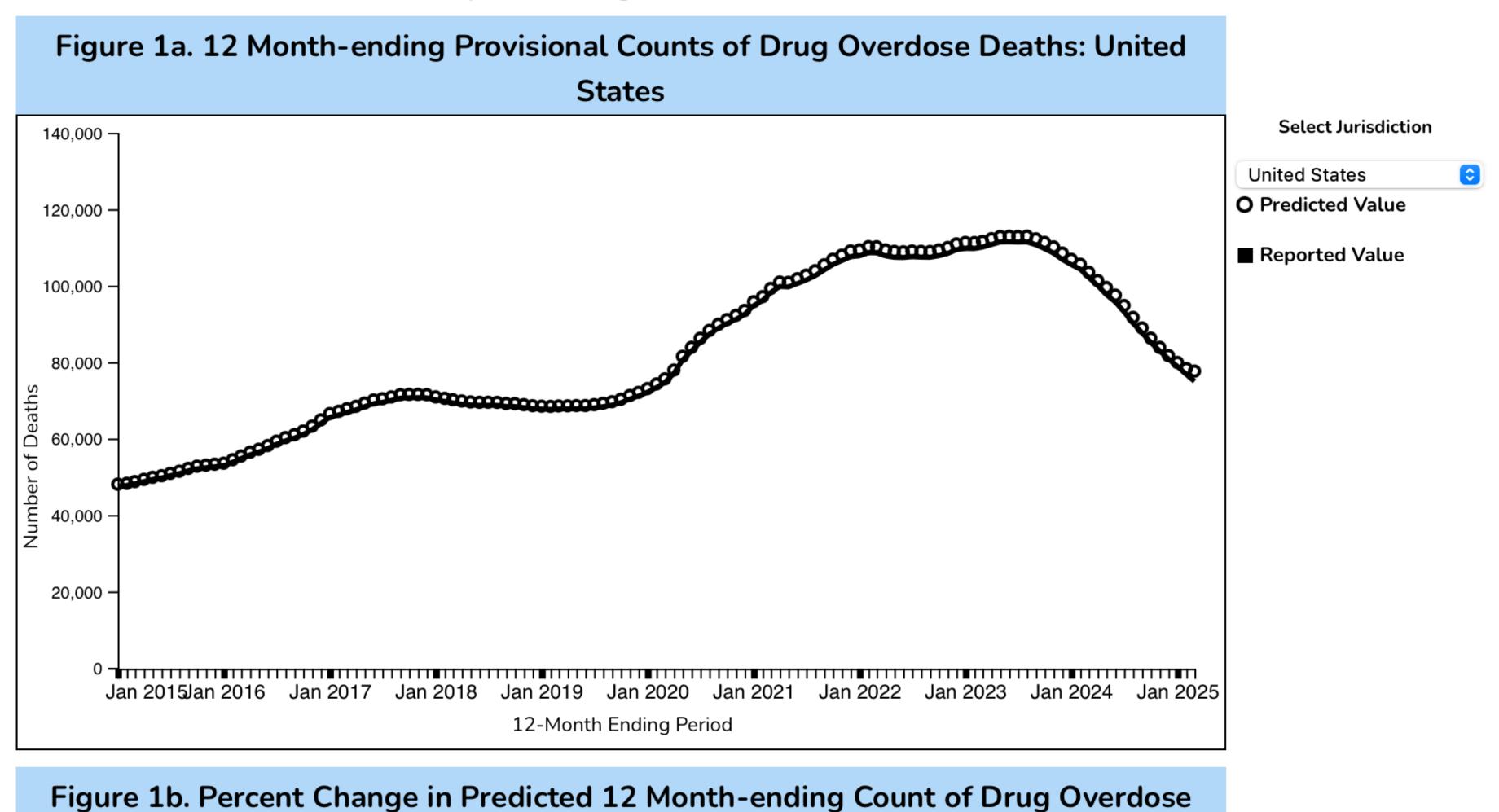


Deaths involving more than one substance will be counted in each respective category.. Source: Vital Statistics Program, Colorado Department of Public Health and Environment.

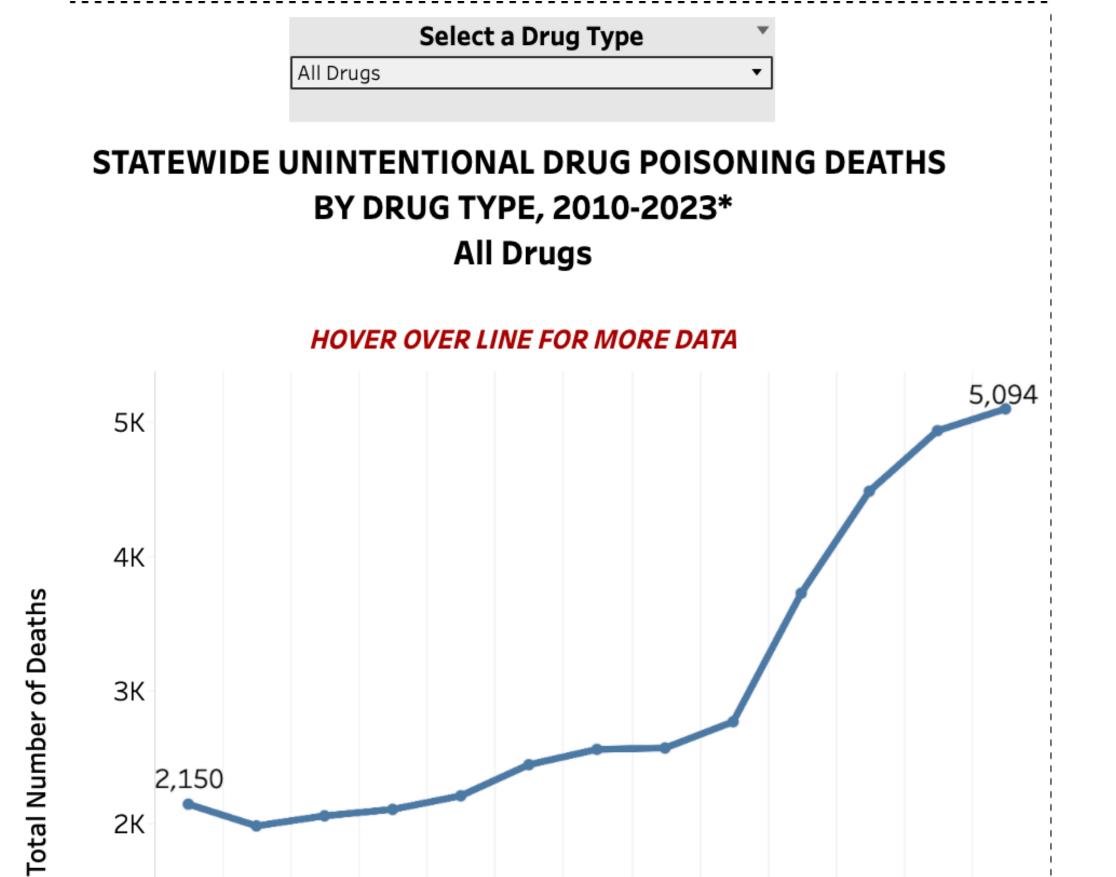
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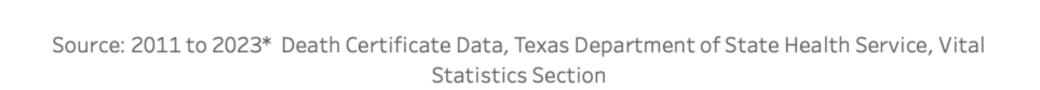
#### 12 Month-ending Provisional Number and Percent Change of Drug Overdose Deaths

Based on data available for analysis on: August 3, 2025



Deaths, by Jurisdiction: March 2024 to March 2025

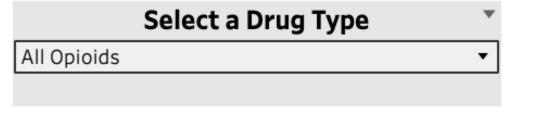




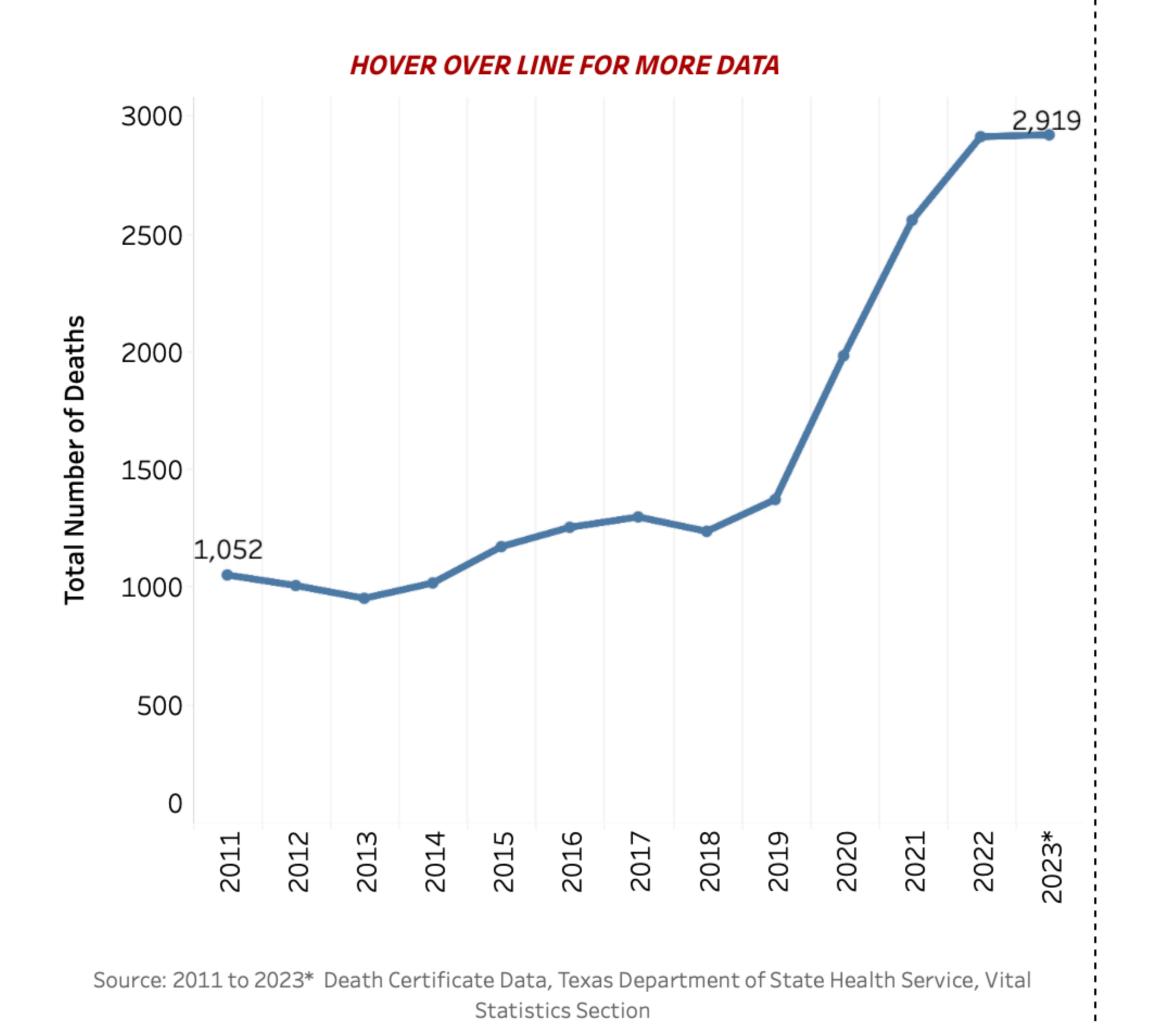
2023\*

1K

ОК



#### STATEWIDE UNINTENTIONAL DRUG POISONING DEATHS BY DRUG TYPE, 2010-2023\* All Opioids



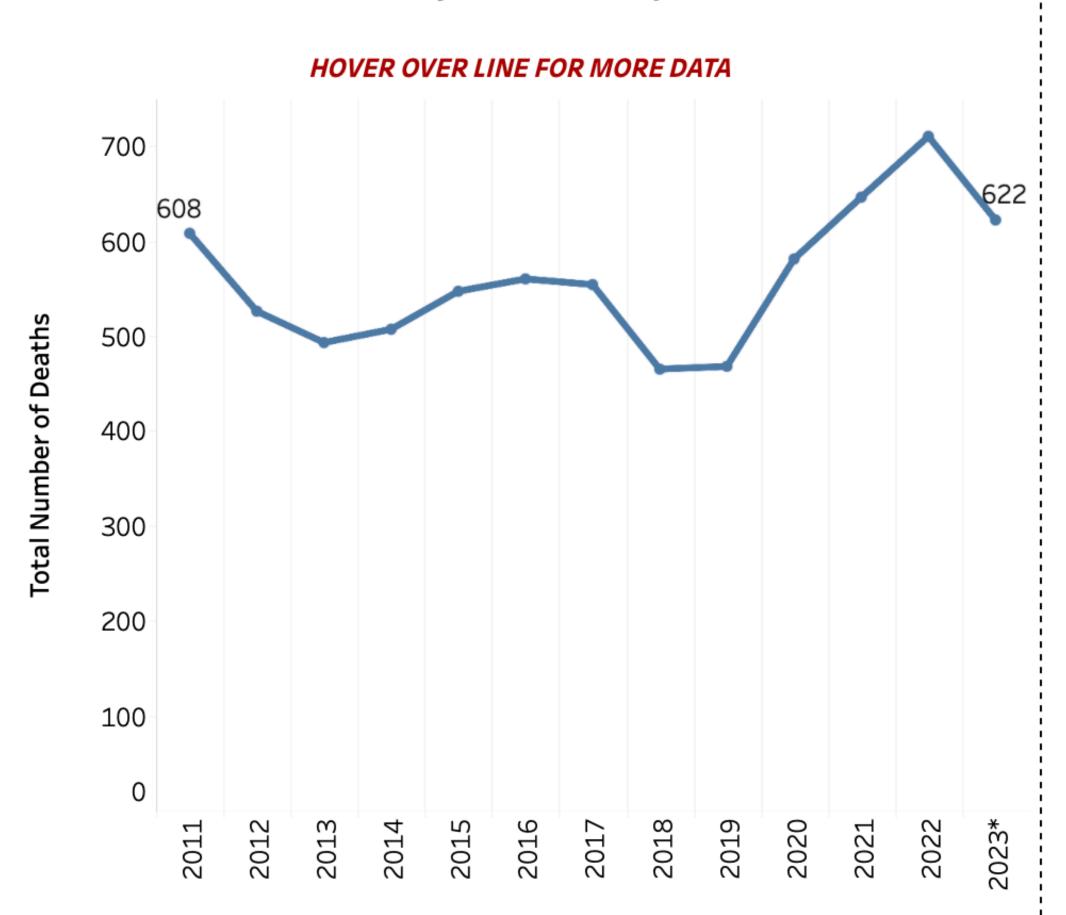
https://healthdata.dshs.texas.gov/dashboard/drugs-and-alcohol/all-drugs/drug-related-deaths

Select a Drug Type

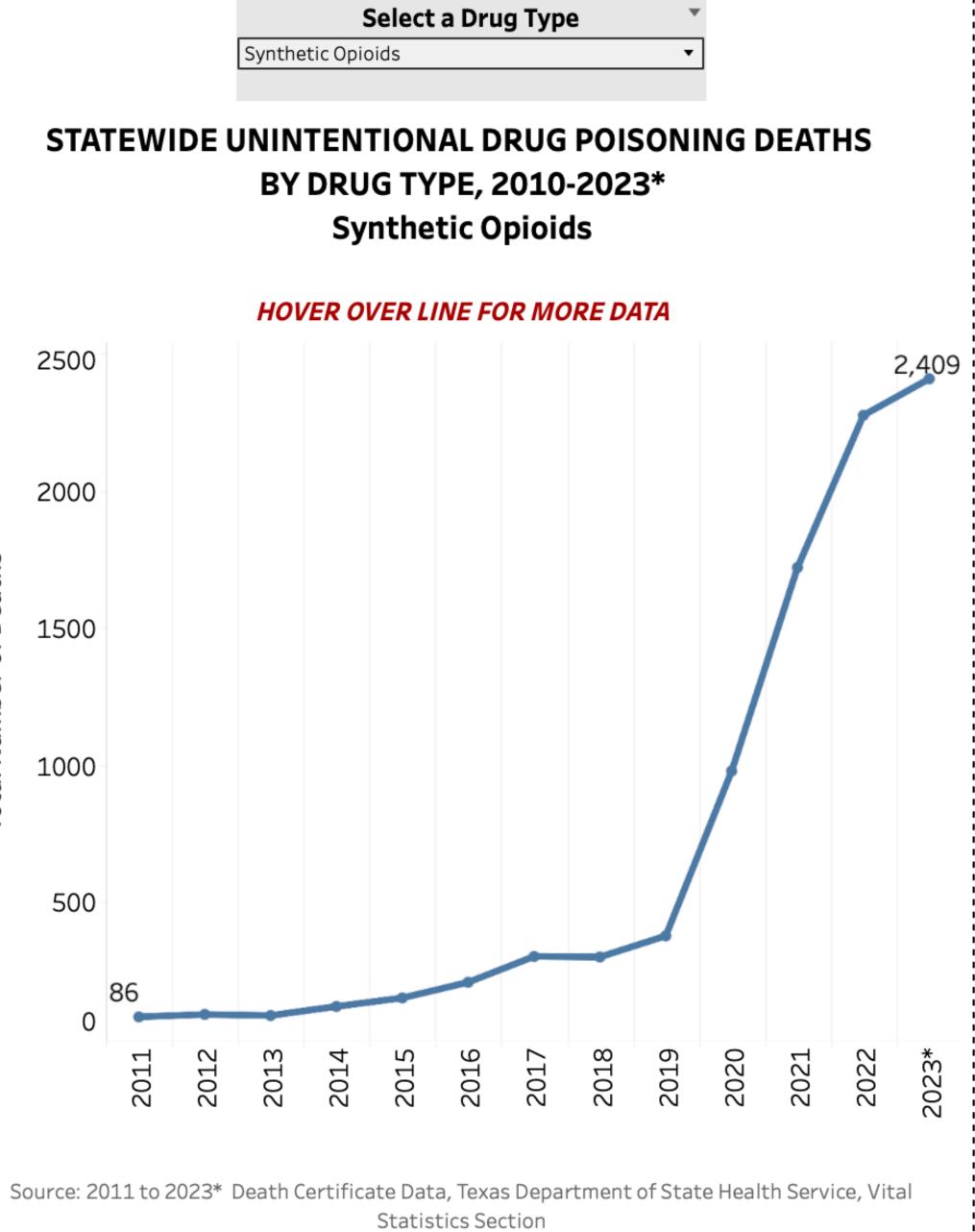
Commonly Prescribed Opioids

▼

#### STATEWIDE UNINTENTIONAL DRUG POISONING DEATHS BY DRUG TYPE, 2010-2023\* Commonly Prescribed Opioids



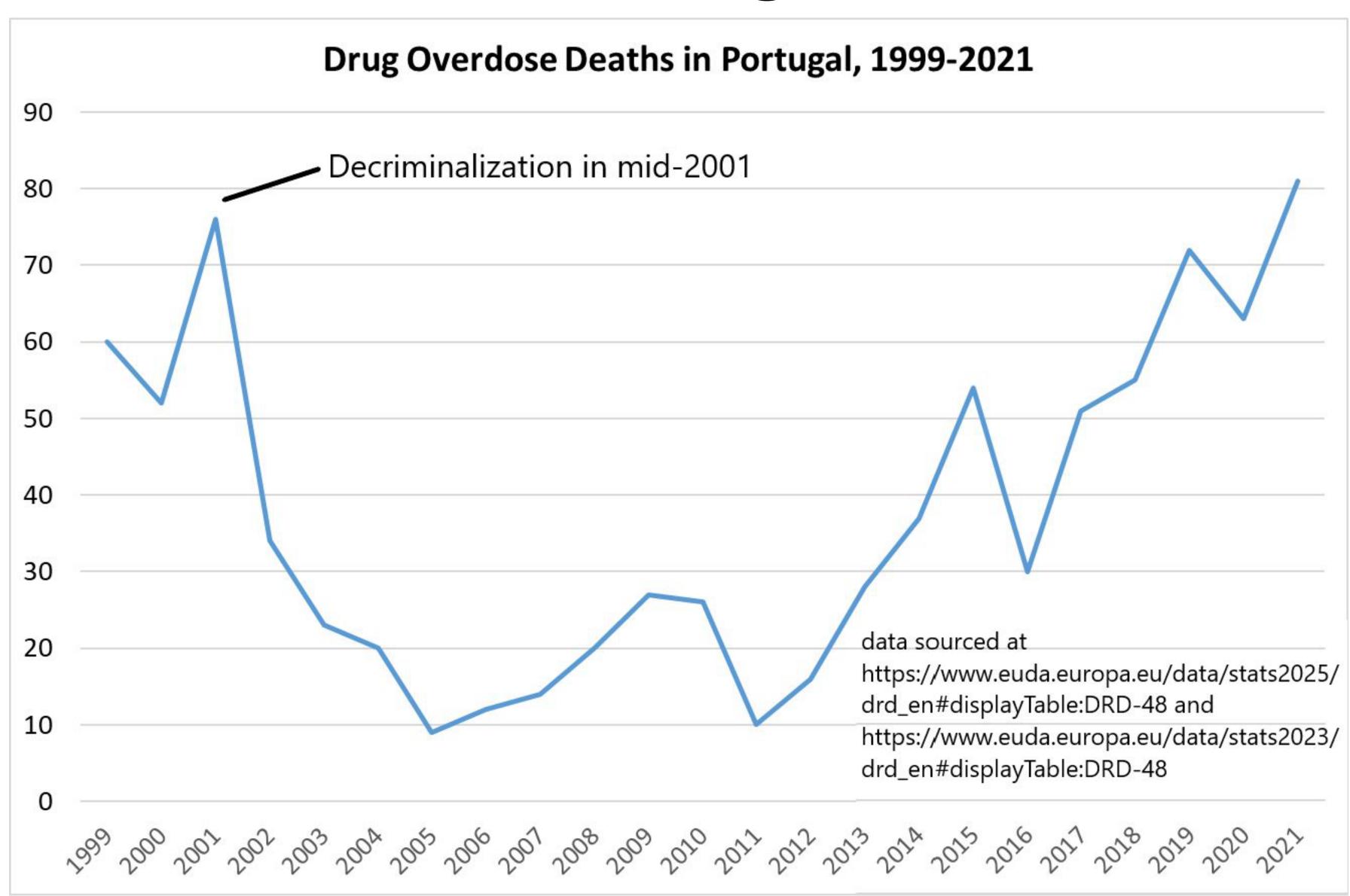
Source: 2011 to 2023\* Death Certificate Data, Texas Department of State Health Service, Vital Statistics Section



Statistics Section

**Total Number of Deaths** 

### Portugal



#### Cannabis and Opioid Relationship

- April 22, 2022, (Bleyer, Barnes, Finn)
  - Marijuana is supposed to help reduce <u>opioid</u> <u>dependence</u> and mortality.
  - Opioid <u>deaths have increased</u> more where marijuana was legalized
  - Fentanyl <u>death rates higher</u> in marijuana legal states

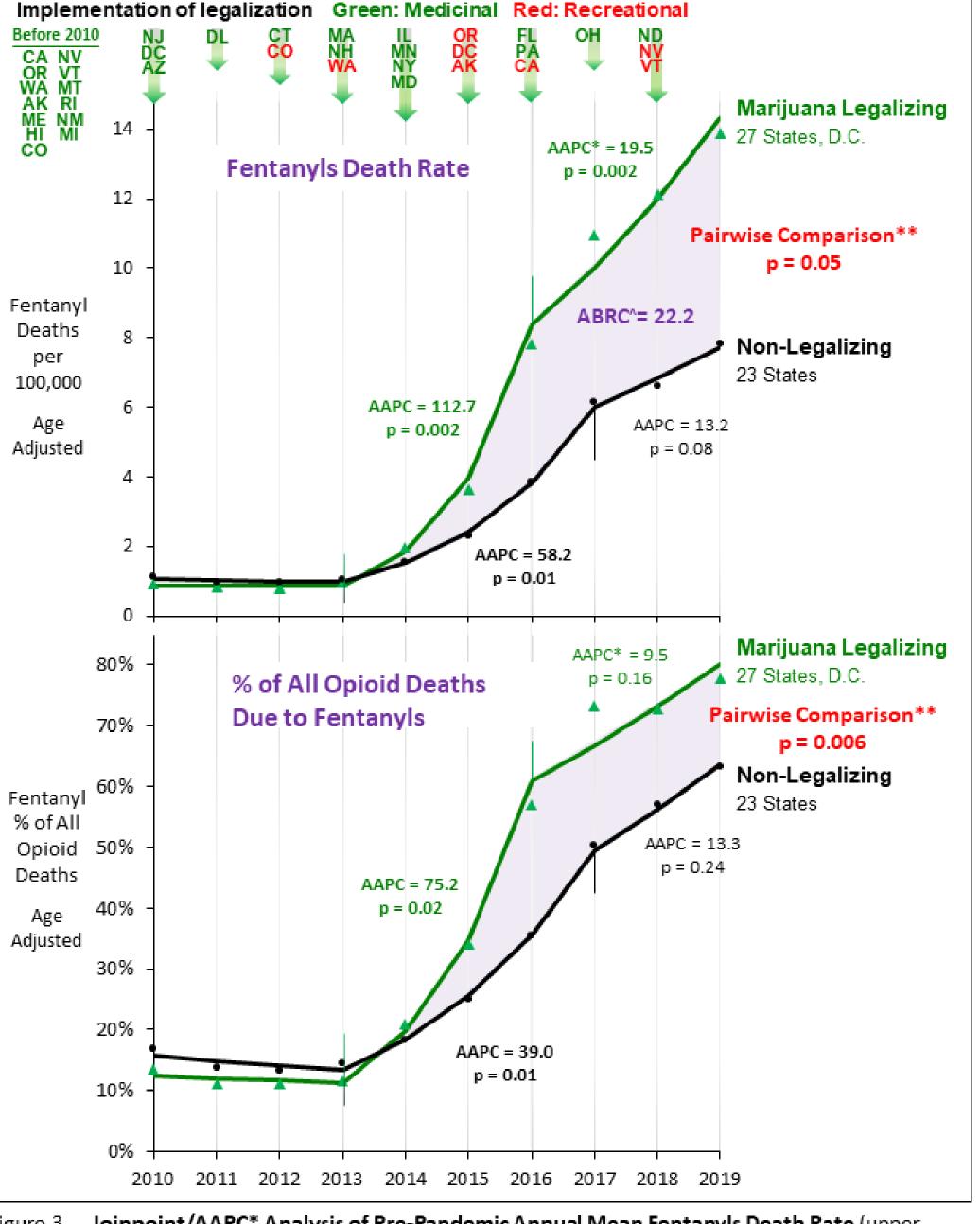


Figure 3 Joinpoint/AAPC\* Analysis of Pre-Pandemic Annual Mean Fentanyls Death Rate (upper panel) and % of All Opioid Deaths due to Fentanyl (lower panel), 2010-2019, U.S., Aggregate of Legalizing Jurisdictions as of 2019 vs. Non-Legalizing Jurisdiction.

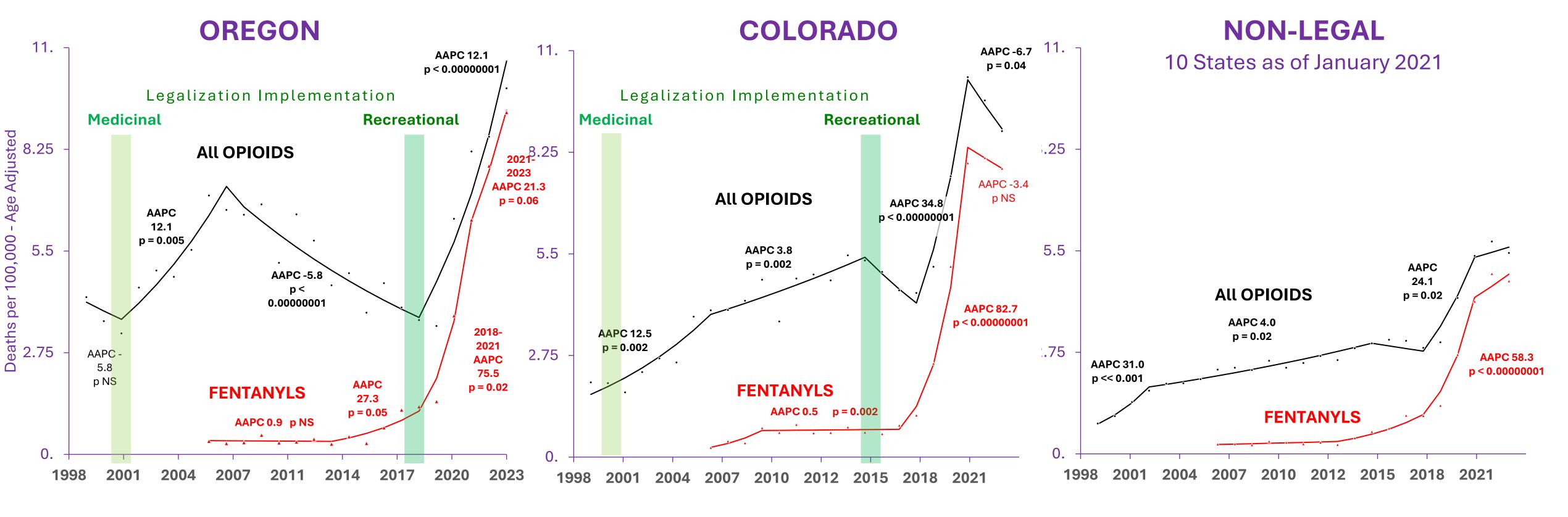
<sup>\*</sup> AAPC – average annual percent change \*\* Non-parallel joinpoint analysis,

<sup>^</sup> ABRC - area between the regression curves, in deaths per 100,000

Data Source: CDC WONDER [6]

#### Joinpoint/Average Annual Percent Change (AAPC) Analysis of Annual All Opioid & Fentanyls Overdose Death Rate, 1999-2023

<u>Data Source</u>: CDC WONDER



#### Cannabis and Opioid Relationship

- February, 2023; Journal of Health Economics
  - Legal medical marijuana, particularly when available through retail dispensaries, is associated with <u>higher opioid mortality</u>.

#### Cannabis and Opioid Relationship

- The <u>number one risk factor</u> for <u>adolescent</u> opioid misuse is having <u>EVER</u> use marijuana (lifetime use; YRBS, 2020)
  - https://www.cdc.gov/mmwr/volumes/69/su/su6901a5.htm?s cid=su6901a5 w
- The <u>predominant predictor</u> of <u>adult</u> opioid misuse is having used marijuana before the age of 18 (Wadekar)
  - https://www.sciencedirect.com/science/article/abs/pii/S0376871620300041
- After 3 years of first trying marijuana vs. opioids, marijuana has a much higher percentage of addiction in adolescents (NIH; JAMA Pediatrics, 2021)
  - <a href="https://www.nih.gov/news-events/news-releases/younger-age-first-cannabis-use-or-prescription-drug-misuse-associated-faster-development-substance-use-disorders">https://www.nih.gov/news-events/news-releases/younger-age-first-cannabis-use-or-prescription-drug-misuse-associated-faster-development-substance-use-disorders</a>

STUDY SUBJECTS (FIRST	ADDICTION RATE	ADDICTION RATE
TIME USERS)	AFTER 1 YEAR	AFTER 3 YEARS
Cannabis (age 12-17)	10.7%	20.1%
Cannabis (18-25)	6.4%	10.9%
Opioid (12-17)	11.2%	10.6%
Opioid (18-25)	6.9%	7.3%
Cocaine (18-25)	5.6%	6.4%
Heroin (18-25)	30.9%	42.5%

# Characteristics of patients with non-cancer pain and long-term prescription opioid use who have used medical versus recreational marijuana

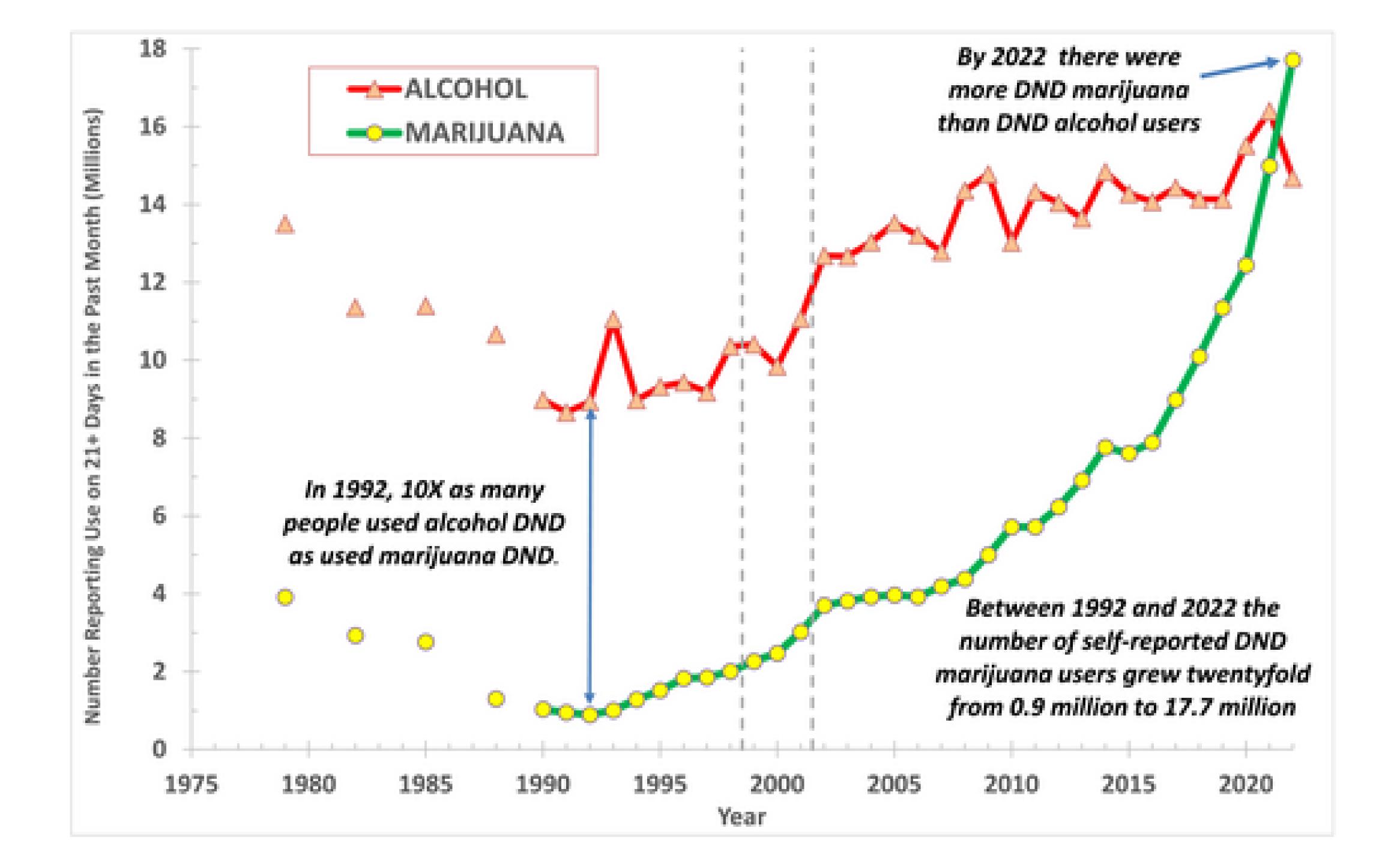
- February 2024; Journal of Cannabis Research
- After controlling for all confounders, lifetime recreational marijuana use, as compared to no use, was <u>significantly</u> associated with <u>increased odds of daily prescription opioid</u> <u>use</u>
- <u>Lifetime recreational use</u> is associated with <u>more than a</u>
   <u>60% odds</u> of being a daily prescription opioid user

# The prevalence of cannabis use disorders in people who use medicinal cannabis: A systematic review and meta-analysis

- April, 2024; Drug and Alcohol Dependence
- Management of <u>chronic pain</u> with <u>medicinal cannabis</u> were associated with an elevated risk of CUD
- Individuals using medicinal cannabis in the past 6–12 months, the prevalence of CUDs was 29%
- Individuals using medicinal cannabis for <u>chronic pain</u> who developed CUDs were <u>more likely</u> to have <u>greater</u> <u>symptoms of pain</u>

# Changes in self-reported cannabis use in the United States from 1979 to 2022

- May 2024; Addiction
- Trends in cannabis use in the United States parallel corresponding changes in cannabis policy
- Declines during periods of greater restriction and <u>growth</u> during periods of policy <u>liberalization</u>
- Growing share of <u>cannabis consumers</u> report daily or near daily use, and their <u>numbers now exceed</u> the number of daily and near daily <u>drinkers</u>



# Co-administration of cannabinoids and opioids: a scoping review of human experimental studies

- July 2024; Pain Medicine
- Co-administration of cannabinoids and opioids <u>did not consistently</u> <u>improve</u> pain outcomes
- Available evidence directly investigating the pharmacodynamic effects following co-administration of cannabinoids and opioids for non-analgesic outcomes is <u>scarce</u> and suffers from a lack of methodological reporting

#### Association of cannabis use with patient-reported pain measures among adults with chronic pain in US states with medical cannabis programs

- September 2024; Reg. Anesth. Pain Med.
- Active cannabis use was associated with <u>higher scores for pain</u> <u>intensity and pain interference</u> compared with never use
- People with chronic non-cancer pain who used cannabis for pain reported worse pain measures and greater burden of chronic pain conditions

# Safer Opioid Supply, Subsequent Drug Decriminalization, and Opioid Overdoses

- March 2025; JAMA Health Forum
- British Columbia
- Neither the <u>safer supply policy</u> nor the subsequent <u>decriminalization</u> of drug possession appeared to alleviate the opioid crisis.
- Instead, both were associated with an <u>increase</u> in opioid overdose hospitalizations

### Cannabis Legalization and Opioid Use Disorder in Veterans Health Administration Patients

- June 2025; JAMA Health Forum
- MCL and RCL enactment was associated with <u>greater OUD prevalence</u> in VHA patients over time, with the greatest increases among middle-aged and older patients and those with <u>chronic pain</u>
- Findings <u>did not support</u> state cannabis <u>legalization</u> as a means of <u>reducing the burden of OUD</u> during the ongoing opioid epidemic

### Cannabis Use in Opioid Maintenance Therapy: Prevalence, Clinical Correlates and Reasons for Use

- August 2025; Brain Sciences
- Concomitant cannabis use is common in patients on opioid maintenance therapy
- Cannabis use was reported by 41% of patients, 73% met criteria for cannabis dependence, 30% of the full sample
- Cannabis dependence was significantly more common in patients receiving <u>buprenorphine</u> than methadone

#### Drug interaction Buprenorphine and THC

✓ Major (1) ✓ Moderate (0) ✓ Minor (0) ✓ Food/lifestyle (2) ✓ Therapeutic duplication (0)

#### Interactions between your drugs



buprenorphine **₹** droNABinol

Applies to: buprenorphine, dronabinol

Using buprenorphine together with other medications that also cause central nervous system depression can lead to serious side effects such as respiratory distress, coma, and even death. Talk to your doctor if you have any questions or concerns. Your doctor may be able to prescribe alternatives that do not interact, or you may need a dose adjustment or more frequent monitoring to safely use both medications. Do not drink alcohol or self-medicate with these medications without your doctor's approval, and do not exceed the doses or frequency and duration of use prescribed by your doctor. Also, you should avoid driving or operating hazardous machinery until you know how these medications affect you. It is important to tell your doctor about all other medications you use, including vitamins and herbs. Do not stop using any medications without first talking to your doctor.

https://www.drugs.com/interactions-check.php?drug\_list=438-0,943-0

#### Effects of Cannabis Use for Medical Symptoms on Cannabis Use Disorder Symptoms: A 24-Month Follow-up Study

- July 2025; Am J Prevent Med
- Participants seeking medical cannabis cards for <u>pain</u>, <u>insomnia</u>, <u>anxiety</u>, <u>or</u>
   <u>depressive symptoms</u>
  - 8.3% had <u>ongoing CUD</u>
  - 6.0% developed new-onset CUD at 24 months.
  - Among those who met criteria for CUD at a previous timepoint, <u>CUD</u> persisted in 58.3%.
  - CUD severity increased with prolonged use.

### Cannabis use frequency is associated with emotion dysregulation among persons receiving long-term opioid therapy for chronic pain

- October 2025; J. Drug and Alcohol Depend.
- Impaired emotion regulation is associated with more frequent cannabis use
- Pain severity was not significantly associated with frequency of cannabis use
- Cannabis use might primarily <u>modulate affective processes</u> in this population

### Cannabis and Opioids

- There is **no evidence** supporting the use of **dispensary** cannabis for chronic non-cancer pain
- There is **no evidence** for substituting opioids with **dispensary** cannabis
- There is no package insert for dispensary cannabis
- Cannabis users are <u>more likely</u> to develop opioid use disorder or misuse their opioids and have higher depression and anxiety scores, and other negative psychiatric effects
- States with medical marijuana programs typically have <u>higher opioid overdose deaths</u> than non-medical marijuana states
- Any real or perceived benefit outweighed by current evidence



### Brain

- Addiction
- Cognition
- Depression
- PTSD
- Suicide
- Psychosis

### Addiction

- National Institute of Drug Abuse (NIDA); National Institute of Health
- "Chronic, heavy—every day or almost—use of cannabis products with THC is associated with developing cannabis use disorder, a type of substance use disorder. Studies have estimated that <u>22% to 30%</u> of people who use cannabis have the disorder"

What is the prevalence and risk of cannabis use disorders among people who use cannabis? a systematic review and meta-analysis

- October 2020; Addictive Behaviors
- Estimates from cohort studies, showed that the risk of developing CUD increased to 33% (22–44%) among young people who engaged in regular (weekly or daily) use of cannabis

## Association of State Cannabis Legalization With Cannabis Use Disorder and Cannabis Poisoning

- March 2025; JAMA Psychiatry
- MCLs were associated with significant increases in CUD and cannabis poisoning
- RCLs were associated with a significant increase in cannabis poisoning
- Communities with increased access to cannabis may experience increased health care use and costs due to increases in cannabis poisoning and CUD

### Cognition and IQ

- August 2012; Psychological and Cognitive Sciences
- Persistent cannabis use was associated with <u>neuropsychological</u> <u>decline</u> broadly across domains of functioning, even after controlling for years of education (<u>drop in 5-6 IQ points</u>)
- Cessation of cannabis use <u>did not fully restore</u> neuropsychological functioning among adolescent-onset cannabis users

## Acute effects of high-potency cannabis flower and cannabis concentrates on everyday life memory and decision making

- June 2021; Scientific Reports
- High-potency cannabis <u>flower with CBD</u> impaired <u>free recall</u>
- High-potency flower <u>without CBD</u> and <u>concentrates</u> had detrimental effects on <u>source memory</u>
- All three products increased susceptibility to <u>false memories</u>

### Cognition

- August 2025; Psychopharmacology
- People who choose to use relatively low doses of cannabis <u>edibles</u> may experience <u>decrements in cognitive function</u> while experiencing intoxication.

## Effects of Cannabis Use for Medical Symptoms on Cannabis Use Disorder Symptoms

- July 2025; Amer J Prev Med
- <u>CUD persists</u> in a subset of individuals 2 years after initiating cannabis use for <u>medical symptoms</u>

Table 1. Participant Characteristics

Measure	Total
Sample size	84
Randomization group; n (%)	
MMC <sup>a</sup>	49 (58.3%)
WLC <sup>b</sup>	35 (41.7%)
Age, years; M (SD)	38.3 (14.5)
Female; n (%)	55 (65.4%)
Race; n (%)	
Asian	4 (4.8%)
Black or African American	4 (4.8%)
White	70 (83.3%)
Multiracial	3 (3.6%)
Hispanic; n (%)	5 (6.0%)
Education, years; M (SD)	16.8 (2.3)
Baseline cannabis use frequency ≥weekly; <i>n</i> (%)	22 (26.2%)
Chief complaint <sup>c</sup> ; n (%)	
Insomnia	18 (21.4%)
Pain	29 (34.5%)
Depression/anxiety	37 (44.0%)

### Seizure

- June 2025; Fundamental and Clinical Pharmacology
- Cannabinoids can be pro-epileptogenic
- 3% incidence of seizure/convulsive effects
  - 23% medical use
  - 75% recreational use

## Cannabis use in different ethnicity/race populations and risk of ischemic stroke: A systematic review and meta-analysis

- May 2025; Journal of Ethnicity in Substance Abuse
- Statistically significant association between cannabis use and <u>increased</u> <u>risk of ischemic stroke</u>
- Cannabis use is associated with a <u>significantly elevated risk</u> of ischemic stroke, particularly among <u>young adults</u>

## Reversible Cerebral Vasoconstriction Syndrome and Marijuana Use

- July 2025; Prim Care Companion CNS Disord
- A study published in 2018, which studied the epidemiology of RCVS, showed that 33% of the cases were related to marijuana use
- Marijuana has a <u>procoagulant effect</u> due to its interactions with cannabinoid receptor type 1 and cannabinoid receptor type 2 on <u>platelet</u> <u>membranes</u>
- Marijuana-induced RCVS primarily impacts <u>younger males</u>



### Cannabis Psychosis

- December 2024; British Journal of Psychiatry
- Abrupt <u>cannabis withdrawal</u> may act as a <u>trigger</u> for the <u>first episode</u> of psychosis and a <u>relapse</u> of an existing psychosis.
- Acute psychotic symptoms can emerge <u>after the cessation</u>, as well as <u>following the use</u>, of cannabis

### First Use of Cannabis and Mental Health

- August 2025; BMJ Mental Health
- Initiating cannabis use for <u>self-medication</u> is associated with higher average THC consumption, and increased anxiety, depression and paranoia
- Reasons for first use of cannabis to relieve <u>physical discomfort</u>, <u>pain</u>, anxiety, depression and minor psychotic symptoms were linked to <u>higher</u> <u>paranoia scores</u>.

Open access

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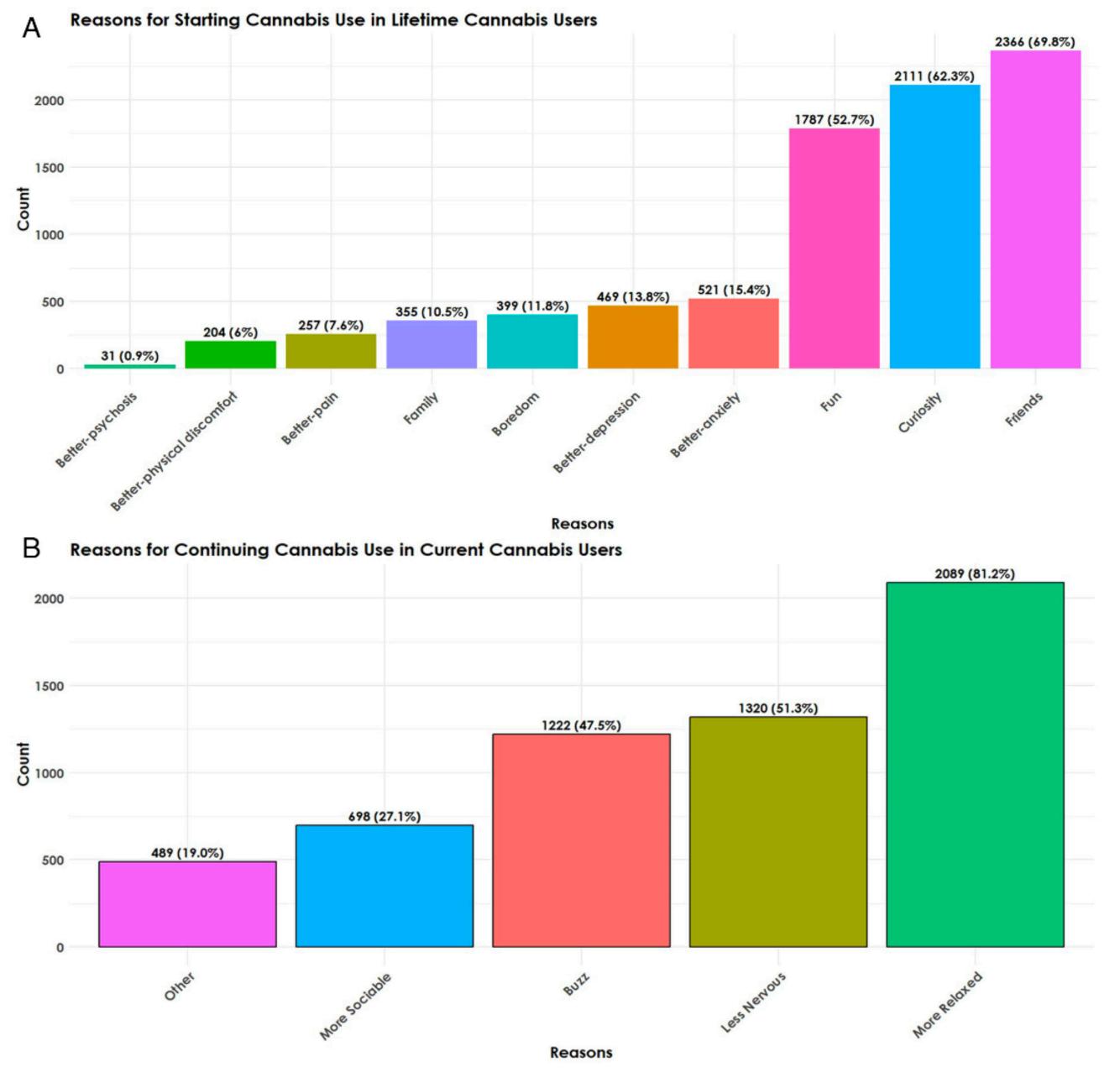


Figure 1 (A) Reasons for first using cannabis as depicted by the number of participants and percentage of sample with lifetime cannabis use.

(B) Reasons for continuing to use cannabis as depicted by the number of people and percentage of sample with current cannabis use.

#### Behavioral and Neurobiological Effects of Cannabis Use in Adolescents

- July 2025; Amer. J. Psychiatry
- Cannabis use—particularly with high-tetrahydrocannabinol (THC) products and frequent use—can disrupt adolescent <u>brain development</u> and <u>behavior</u>
- Relevant to trajectories leading to <u>psychosis</u>, <u>schizophrenia</u>, and <u>cannabis</u>
   <u>use disorder</u>, while also elevating risks for <u>anxiety</u> and <u>depression</u>

### Cannabis Psychosis

- February 2025; JAMA Open
- Changes in Incident Schizophrenia Diagnoses Associated With Cannabis Use Disorder <u>After</u> Cannabis Legalization in <u>Canada</u>
- The proportion of incident cases of <u>schizophrenia</u> associated with <u>CUD</u> almost <u>tripled</u> during a period of substantial liberalization of cannabis policy

### Convergence of Cannabis and Psychosis on the Dopamine System

- April 2025; JAMA Psychiatry
- Used neuromelanin-sensitive magnetic resonance imaging (<u>MRI</u>), referred to as the neuromelanin-MRI signal, a practical, proxy measure of <u>dopamine function</u>
- Elevated dopamine function in a <u>critical</u> Substantia Nigra/Ventral Tegmental Area subregion may be <u>associated with psychosis risk</u> in people with <u>CUD</u>

### High-Concentration Delta-9-Tetrahydrocannabinol Cannabis Products and Mental Health Outcomes: A Systematic Review

- August 2025; Ann Int Med
- <u>High-concentration THC</u> defined as greater than 5 mg or greater than 10% THC per serving or labeled as "high-potency concentrate," "shatter," or "dab."
- High-concentration THC products are associated with <u>unfavorable mental</u> <u>health outcomes</u>, particularly for <u>psychosis</u> or <u>schizophrenia</u> and <u>CUD</u>

## JARS

JARS Applicator 1g Strawberry Fields

0.035 oz Usable: 1.000(g) Total Package Weight:
Batch #: SF2.28 (JARSDIS — 0131258G)
endor: Dreem Green Inc (Extraotion Lab) 16.20 g Strain: Hybrid
THC: B6.02 1/2
CBD: 0.24 Manufacture Date 268082

DON'T MISS A -

### JARS CANNABIS

JARS Applicator 1g Pina Colada PC2.28 (JAR8DIS — 0131258G)
Dreem Green Ino (Extraction Lab) Total Package Weight: 16.21 00000078E8DQ10647381

Manufacture Date

259099

DON'T MISS

### The neurobiology of cannabis use disorder and psychosis

- August 2025; American College of Neuropsychopharmacology
- Development of <u>cannabis use disorder</u> (CUD) may <u>potentiate</u> <u>psychosis risk.</u>
- Recent large-scale studies have shown a <u>four-fold increase</u> over the last two decades in the proportion of <u>schizophrenia</u> that can be attributable to CUD in <u>Denmark</u>
- near tripling of CUD-associated psychosis cases in Ontario

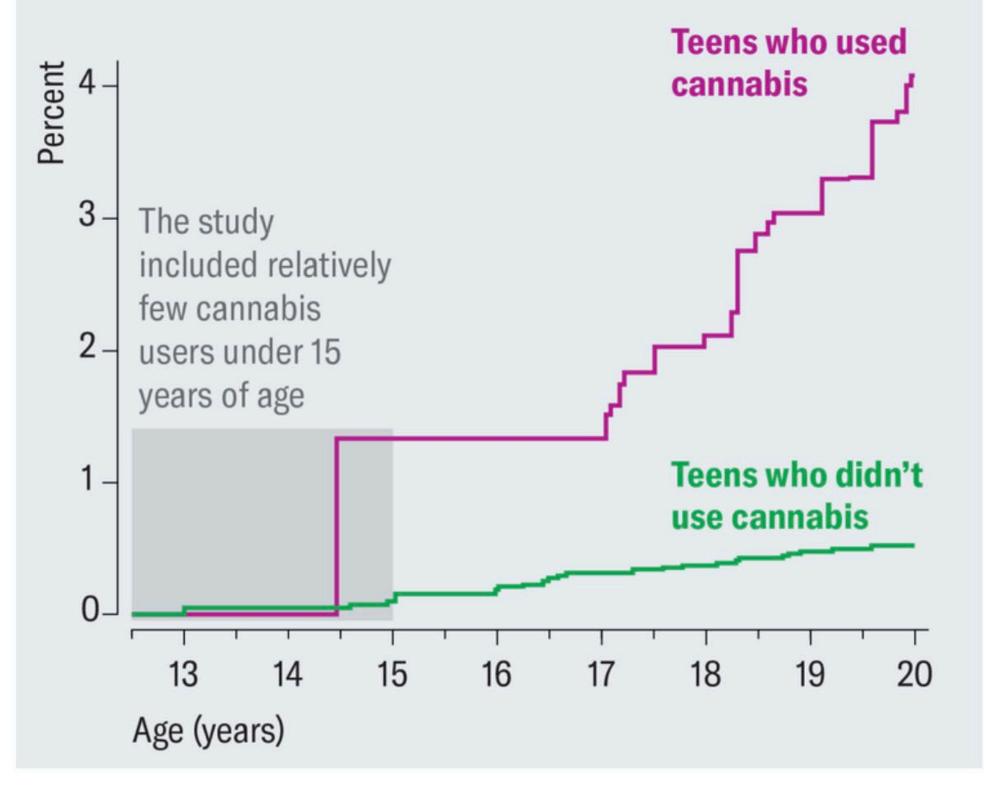
### Cannabis psychosis

- August 2025; Canadian Medical Association
- The risk of cannabis-induced psychosis is elevated among those using high-potency THC (a product with > 10% THC) and those who use cannabis
   frequently, are younger, or are male
- <u>History of a mental disorder</u> (e.g., bipolar disorder, depression, anxiety) <u>increases</u> the risk of psychosis
- People with an emergency department visit for cannabis use or cannabis-induced psychosis were at a <u>14.3-fold</u> and <u>241.6-fold higher risk</u> of developing a <u>schizophrenia-spectrum disorder</u> within 3 years than the general population, respectively

https://pubmed.ncbi.nlm.nih.gov/39903464/

### Cannabis Use and Psychotic Disorders among Teens

Researchers tracked the onset of chronic psychotic disorders among more than 11,000 teenagers in Canada over several years. By the time the cohort reached age 20, the cumulative incidence of psychotic disorders was about 4 percent in those who had used cannabis in the past year compared with less than 1 percent among nonusers.



André J. McDonald, modified and restyled by Ripley Cleghorn; Source: "Age-Dependent Association of Cannabis Use with Risk of Psychotic Disorder," in Psychological Medicine, Vol. 54, No. 11; August 2024

### Cannabis Use Among Individuals With Psychosis After State-Level Commercial Cannabis Legalization

- October 2025; JAMA Psychiatry
- 30-day cannabis use <u>increased by 9.53 percentage points</u> after legalization among individuals with psychosis
- Individuals with psychosis reported a <u>large increase</u> in current cannabis use <u>following legalization and commercialization</u> of cannabis in their state

### Muricide

- 1978; Even a <u>single dose of THC</u> could produce in rats <u>an attack</u>
   <u>response</u> and <u>muricide</u> (Physiology & Behavior, Vol. 21, pp. 581-585. Pergamon Press and Brain Research Publ., 1978. Printed in the U.S.A.)
- 2002; Group-housed rats could be <u>induced to aggression</u> (fighting between cage-mates and muricide) by the chronic administration of <u>daily</u> doses of THC
  - Chronic THC induced <u>mouse killing behavior</u> in previously 'non-killer' rats

### American Sniper, Chris Kyle

 Eddie Ray Routh was not insane when he killed "American Sniper" Chris Kyle and his friend Chad Littlefield; he was suffering from cannabis-induced psychosis



### Bryn Spejcher, Chad O'Melia

 Bryn Spejcher, who <u>killed</u> during <u>cannabis psychosis</u>, appeals manslaughter conviction



https://www.vcstar.com/story/news/local/2025/01/24/bryn-spejcher-who-killed-during-cannabis-psychosis-appeals-verdict/77909963007/

### Blair/Ashton Ness, Dallas

- Lewisville man charged in toddler's stabbing: 'I know everyone's mad, I'm mad. I killed my son'
- Stab wounds were found "all over" the boy's head and body, police records said.
- A large blood stain was found inside the apartment, with a bloodstained knife and <u>skull fragments</u> lying by the bedroom door



### Minneapolis, MN Shooter

- "Gender and weed fucked up my head," Westman claimed. "I wish I never tried experimenting with either. Don't let your kids smoke weed or change gender until they are like seventeen."
- Trans are more likely to <u>use marijuana</u> and have <u>mental health issues</u>
- Worked at a marijuana dispensary where job required he test/use product
- Dispensary workers tend to use <u>before</u>, <u>during</u>, <u>and</u>
   <u>after work</u>

https://www.ibtimes.sg/robin-westman-minneapolis-shooter-blamed-his-mom-massacre-because-she-warned-he-would-regret-81415



# Vulnerable Patient Populations

- In Utero
- Pediatric
- Geriatric

### In Utero



Year	Near Daily Use	First Trimester Pregnancy	Second Trimester Pregnancy	Third Trimester Pregnancy	Total Pregnancy	7%	Near Daily Cannabis Use by Pregnancy Trimester
2002	2.00%	2.09%	0.61%	0.77%	3.47%	6%	——Near Daily Use ——First Trimester Pregnancy
2006	2.08%	0.41%	2.41%	0.96%	3.78%	0,0	Second Trimester Pregnancy ——Third Trimester Pregnancy
2010	2.77%	2.94%	0.16%	0.33%	3.43%		——Total Pregnancy
2015	3.43%	0.43%	1.33%	0.26%	2.02%	5%	%
2018	4.34%	2.82%	1.22%	1.81%	5.85%		
2020	5.31%	3.54%	3.40%	0.01%	6.95%	4%	%
						470	
Year	Near Daily Use	First Trimester Pregnancy	Second Trimester Pregnancy	Third Trimester Pregnancy	Total Pregnancy	3% 2%	
2002	2.00%	2.09%	0.61%	0.77%	3.47%	270	
2006	2.08%	0.41%	2.41%	0.96%	3.78%		
2010	2.77%	2.94%	0.16%	0.33%	3.43%	1%	%
2015	3.43%	0.43%	1.33%	0.26%	2.02%		
2018	4.34%	2.82%	1.22%	1.81%	5.85%	0%	96
2020	5.31%	3.54%	3.40%	0.01%	6.95%		2002 2006 2010 2015 2018 2020
			Period	Interval	Rise		
			Period 1	2002-2010	0.99		
			Period 2	2010-2020	2.03		

#### Cannabis Use Among Pregnant and Nonpregnant Women of Childbearing Age

- October 2025; Am J Prevent Med
- Cannabis-use prevalence was 12.6% among non-pregnant and 6.8% among pregnant women
- First-trimester use was highest at 10.1%, peaking at 14.2% in 2022.
- Smoking was the predominant method
- Cannabis use among non-pregnant women increased between 2021-2023, reflecting increasingly normalized use of cannabis





### Pregnancy/In Utero Exposure

- More than 70% of surveyed dispensaries in Colorado <u>recommended cannabis use during first trimester</u> pregnancy (<u>https://pubmed.ncbi.nlm.nih.gov/29742676/</u>)
  - •THC may persist in breast milk for <u>up to 6 weeks</u> after cessation
    - (https://jamanetwork.com/journals/jamapediatrics/article-abstract/2776975)
  - •Prenatal marijuana <u>exposure impacts executive functioning</u> into young adulthood: An fMRI study (https://pubmed.ncbi.nlm.nih.gov/27263090/)

# In Utero Exposures, Connecticut September 2022

- •4,700 notifications over 28 months
  - 79% included marijuana exposure
  - 21% included opioid exposure
  - < 3% included alcohol exposure

## Associations Between Prenatal Cannabis Exposure and Childhood Outcomes; Results From the ABCD Study

September 2020

- N=11,875, <u>ages 9-11</u>
- Cannabis exposure only, before and after maternal knowledge of pregnancy, were associated with <u>greater offspring</u>
   <u>psychopathology</u> characteristics
- Exposure after maternal knowledge of pregnancy remained associated with greater **psychotic-like experiences**, attention, thought, and social problems
- Prenatal cannabis exposure and its correlated factors are associated with greater risk for **psychopathology** during middle childhood.

# Prenatal cannabis exposure associated with mental disorders in children that persist into early adolescence

- September 2022
- National Institute of Health, NIDA
- Associated with attention, social, and behavioral problems which <u>persist</u> into early adolescence
- The ABCD study tracked 12,000 youths

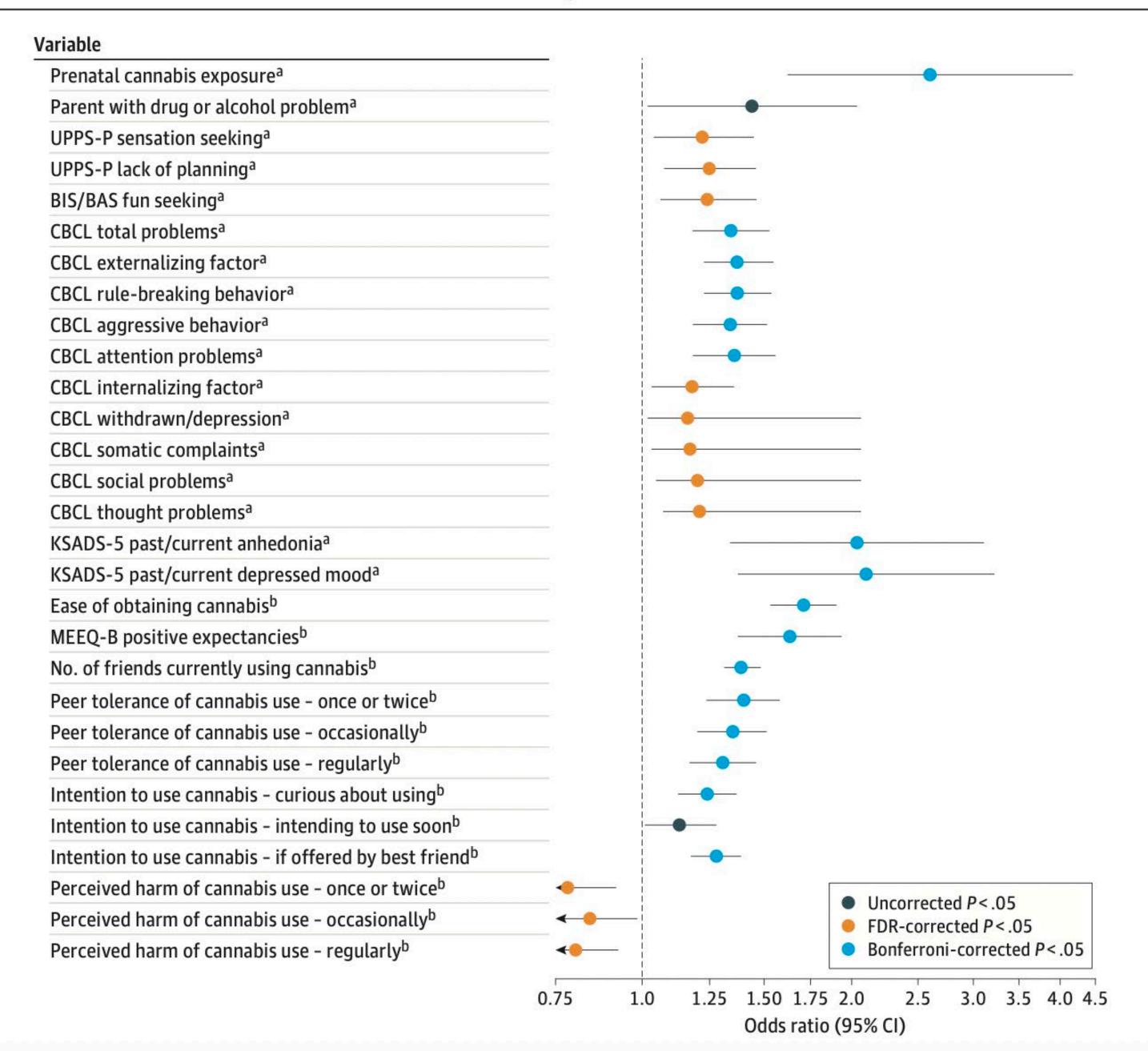
## Birth Outcomes of Neonates Exposed to Marijuana in Utero A Systematic Review and Meta-analysis

- January 2022; JAMA
- There were <u>significant increases</u> in 7 adverse neonatal outcomes among women who were exposed to marijuana during pregnancy
- These included increased risk of birth weight less than 2500 g, small for gestational age, preterm delivery, and NICU admission, along with decreased mean birth weight, Apgar score at 1 minute, and infant head circumference

# Characteristics Associated With Cannabis Use Initiation by Late Childhood and Early Adolescence in the Adolescent Brain Cognitive Development (ABCD) Study

- June 2023
- Prenatal cannabis exposure was associated with the <u>largest risk for</u> <u>cannabis use initiation</u>
- This <u>association remained</u> when additionally controlling for alcohol and tobacco use initiation, family or parent alcohol or drug problems, and prenatal alcohol and tobacco exposure

Figure. Variables Associated With Cannabis Initiation as Children Enter Early Adolescence



### Prenatal cannabinoid exposure: why expecting individuals should take a pregnancy pause from using cannabinoid products

- October 2023; Frontiers in Pediatrics
- Clinical studies raise compelling evidence for short term <u>memory</u> deficits, <u>impulse</u> control issues, and <u>attention</u> deficiencies following prenatal cannabinoid exposure
- Epidemiological studies have revealed multiple concerning associations, including higher <u>congenital anomalies</u>

#### Cannabis Use and Perinatal Health Research

- August 2023; JAMA
- Recent data showing that <u>paternal cannabis use</u> preconception may also <u>adversely affect reproductive health and offspring outcomes</u>, including lower infant birth weight, higher risk of spontaneous abortion, and sudden infant death syndrome
- $\Delta^9$  THC-induced changes in placental and fetal DNA methylation were in genes involved in neurodevelopment and <u>autism spectrum disorder</u>

#### Figure. Effect of Paternal or Maternal Cannabis Use on Placental, Fetal, and Offspring Outcomes

Effects of cannabis use on:				
	Placenta	Fetus	Offspring	
Paternal cannabis use		<ul> <li>Spontaneous abortion</li> <li>Low birth weight</li> </ul>	<ul> <li>Small for gestational age</li> <li>Sudden infant death syndrome</li> </ul>	
Maternal cannabis use	Altered placental epigenome and transcriptome	<ul> <li>Preterm birth</li> <li>Low birth weight</li> <li>Altered fetal epigenome</li> </ul>	<ul> <li>Small for gestational age</li> <li>NICU admission</li> <li>Autism spectrum disorder</li> <li>Attention-deficit/hyperactivity disorder</li> <li>Psychoticlike experiences</li> </ul>	

## Cannabis smoking is associated with persistent epigenome-wide disruptions despite smoking cessation

- April 2025; BMC Pulmonary Medicine
- In older adults, cannabis smoking is linked with <u>epigenome-wide</u> <u>disruptions</u>, many of which persist <u>despite cannabis smoking</u> <u>cessation</u>
- Corresponded up to <u>12,115</u> differentially methylated <u>genes</u>
- There may be long-lasting epigenetic injury with cannabis smoking

## The changing landscape of cannabis use: impact on maternal health and neonatal outcomes

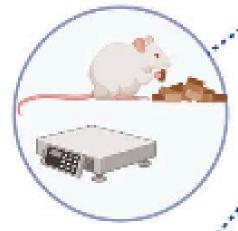
- June 2025; Springer Nature; Pediatric Research
- Prenatal cannabis exposure disrupts maternal metabolic regulation, placental function, and fetal development, leading to adverse short- and long-term outcomes
- Even <u>early or brief cannabis exposure</u> during pregnancy is associated with fetal growth restriction, <u>altered</u> neurodevelopment trajectories, and <u>increased risk</u> for obesity, diabetes, and cardiovascular disease.

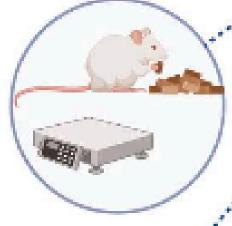
- · Small birth weight
- · Low brain to body weight ratio [36,41]
- · Impaired glucose metabolism [47,48]
- · Altered weight gain trajectories [41]

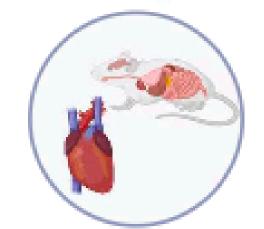
- · Increased follicular apoptosis in female offspring [34]
- Decreased spermatogenesis in males [35]

Reproductive health

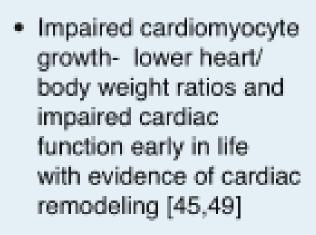




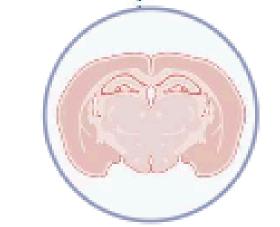




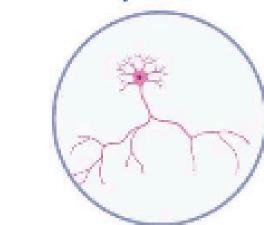
Cardiometabolic







Neurobehavioral outcomes



Brain development

- Increased irritability and tremors [57]
- Altered emotional reactivity [57]
- Cognitive defects, including learning and memory [56, 60]
- Addiction vulnerability [57, 61-64]

- · Impaired cortical neuron maturation, axonal connectivity, and corticospinal motor function [50-52]
- · Changes in neurotransmitter signaling, ie GABA, glutamate and dopamine [53-56]

## Prenatal cannabis use and the risk of attention deficit hyperactivity disorder and autism spectrum disorder in offspring

- March 2024; Journal of Psychiatric Research
- Fourteen primary studies, consisting of ten on ADHD and four on ASD, with a <u>total of 203,783 participants</u>, were included in this study
- Meta-analysis underscores an increased risk of <u>ADHD</u>
   <u>symptoms and/or disorder</u> and <u>ASD</u> associated with in-utero cannabis exposure in offspring compared to their non-exposed counterparts

### Exposure to maternal cannabis use disorder and risk of autism spectrum disorder in offspring: A data linkage cohort study

- July 2024; Psychiatry Research
- A <u>three-fold increased risk of ASD</u> in the offspring of mothers with <u>maternal CUD</u> compared to non-exposed offspring
- Male offspring have a higher risk of ASD associated with maternal CUD than their female counterparts.

#### Prenatal Cannabis Use and Neonatal Outcomes

- May 2025; JAMA Pediatrics
- 8 new studies with 1,709,998 participants were added, for a total of 51 studies synthesized (**N** = **21,146,938**)
- Cannabis use in pregnancy was associated with <u>increased</u> odds of <u>LBW</u>,
   <u>PTB</u>, <u>and SGA</u>
- Associated with greater odds of <u>perinatal mortality</u>

# Cannabis impacts female fertility as evidenced by an in vitro investigation and a case-control study

- September 2025; Nature Communications
- THC-positive patients exhibit <u>signifcantly lower embryo euploid rates</u> than their matched control (normal embryo with 46 chromosomes)
- THC exposure <u>alters expression of key genes</u> implicated in extracellular matrix remodeling, inflammation, and chromosome segregation
- THC induces oocyte <u>chromosome segregation errors</u> and increases <u>abnormal spindle morphology</u>

#### Cannabis Use May Hinder Female Fertility

- September 2025; JAMA
- Tetrahydrocannabinol (THC) and its metabolites can <u>reach the ovarian</u> follicle, potentially altering the environment where egg cells develop and mature
- Patients using THC were also more likely to have <u>chromosome</u>
   <u>malformations</u>, suggesting that cannabis may <u>reduce</u> the number of viable embryos.

### Pediatric

# American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™



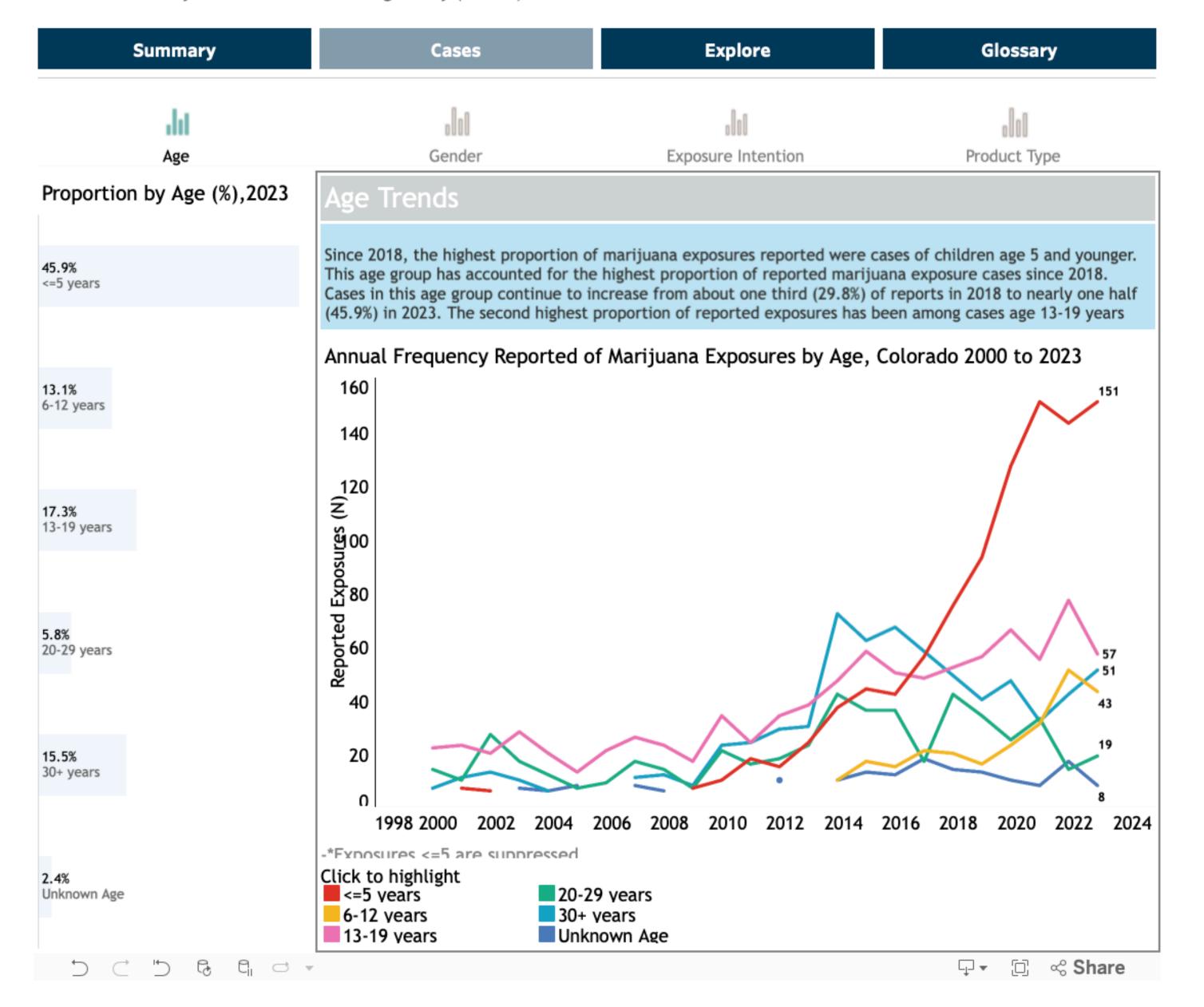
#### Reported Marijuana Exposures in Colorado

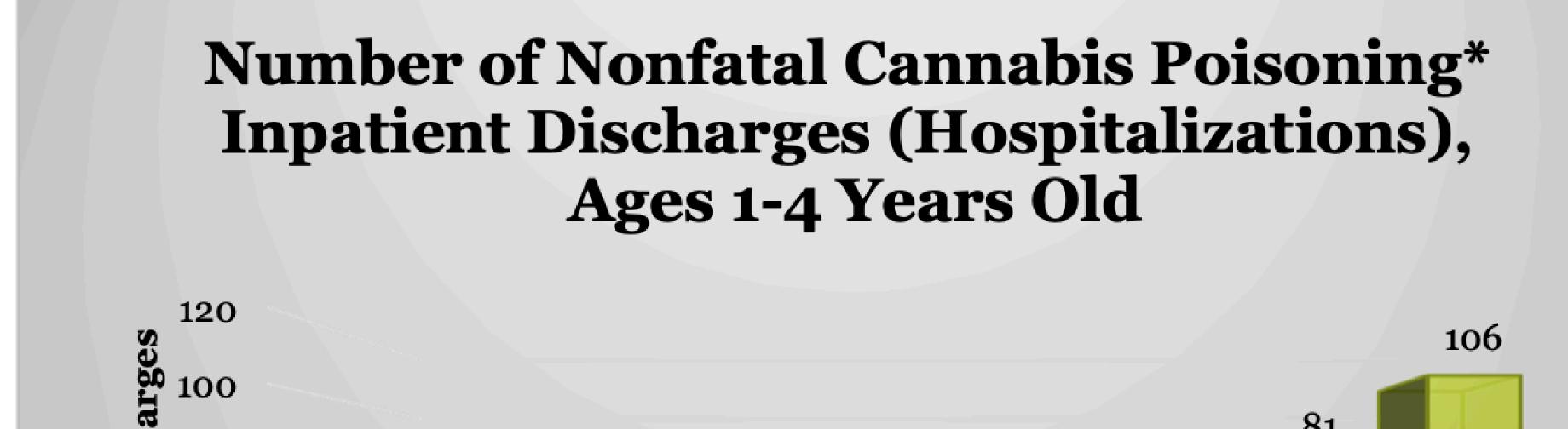
Data Source: Rocky Mountain Poison & Drug Safety (RMPDS)

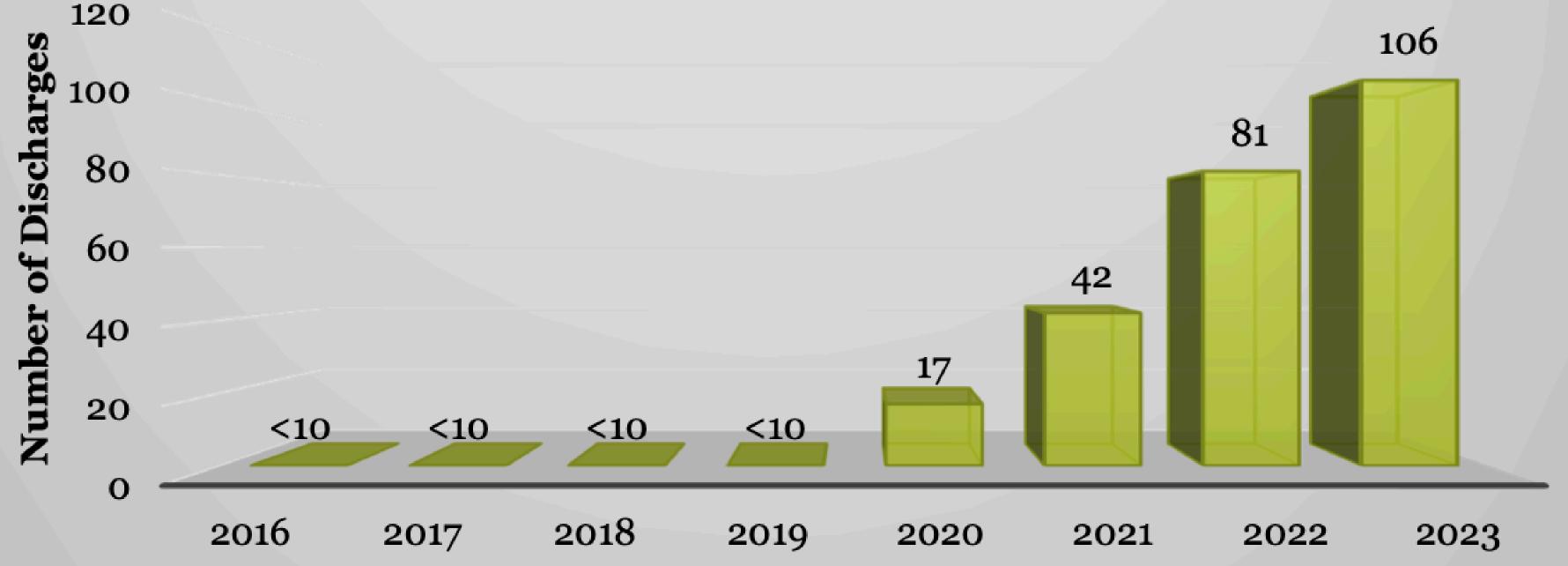








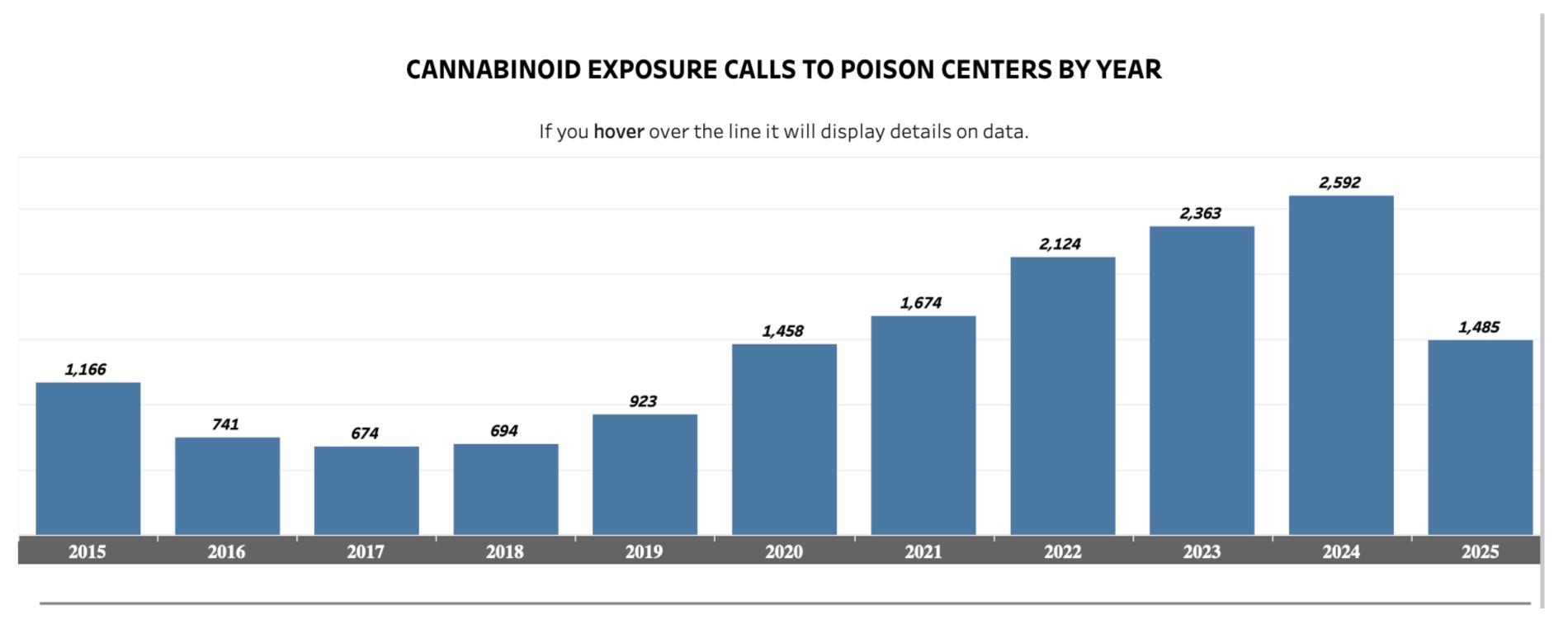




\*Discharges with at least one discharge diagnosis of T40.7 with a 6th character in (1, 2, 3, 4) and a 7th character in (A, blank)

SOURCE: Oklahoma State Department of Health (OSDH) Center for Health Statistics, Oklahoma Hospital Discharge Data; Data compiled by OSDH Injury Prevention Service

# THC Poisonings in Texas Have Tripled Since Hemp Legalization



marijuana/THC poison-control calls climbing from 923 in 2019 to 2,592 in 2024 Indicating a 300% increase in 5 years

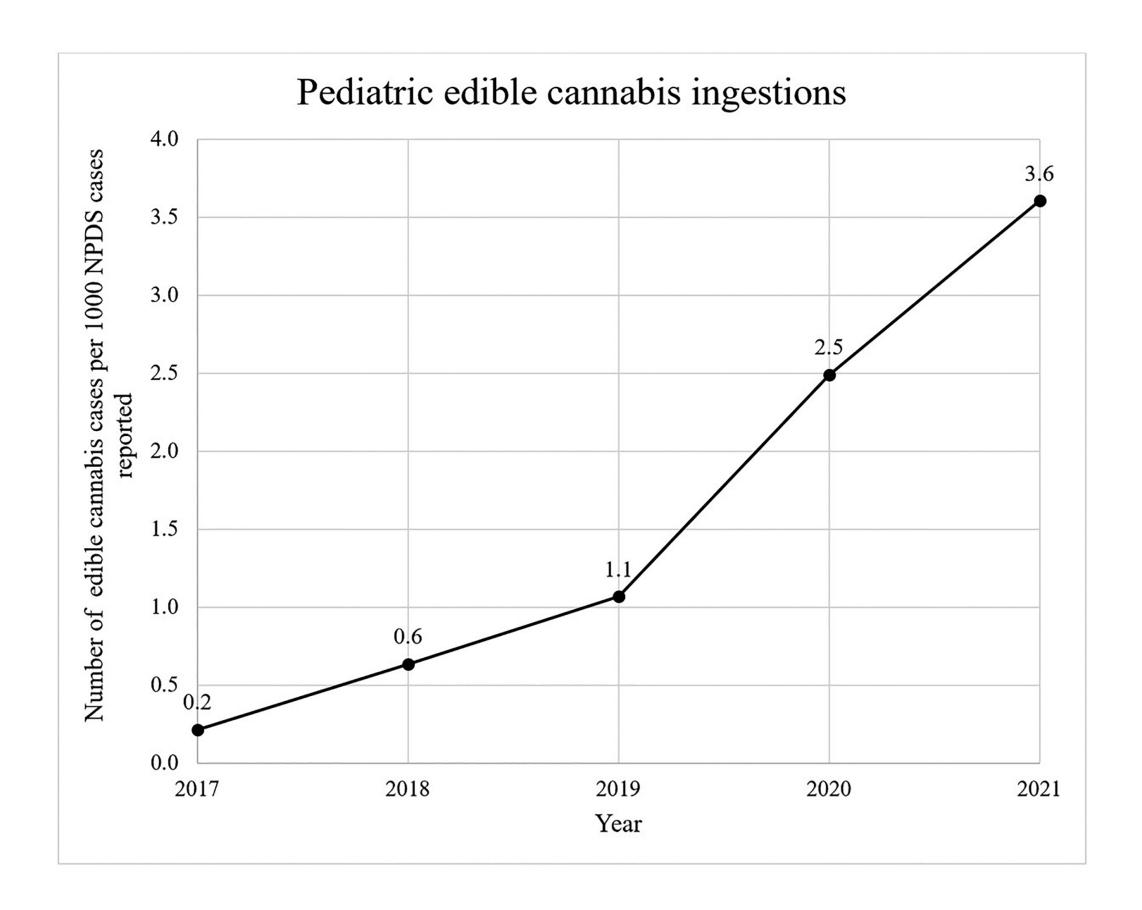
calls involving children five and under rose 495% from 2017 to 2022 <a href="https://healthdata.dshs.texas.gov/dashboard/drugs-and-alcohol/poison-center-calls/Cannabinoid-related-poison-center-calls">https://healthdata.dshs.texas.gov/dashboard/drugs-and-alcohol/poison-center-calls</a>/Cannabinoid-related-poison-center-calls

# Pediatric Edible Cannabis Exposures and Acute Toxicity: 2017–2021

- January 2023; American Academy of Pediatrics
  - In 2017, there were 207 reported cases, and in 2021 there were 3054 cases, an <u>increase of 1,375.0%.</u>
  - •Seventy percent of cases followed to a known outcome were reported to have <u>central nervous system depression</u>
  - •22.7% of patients were admitted to the hospital

#### From: Pediatric Edible Cannabis Exposures and Acute Toxicity: 2017–2021

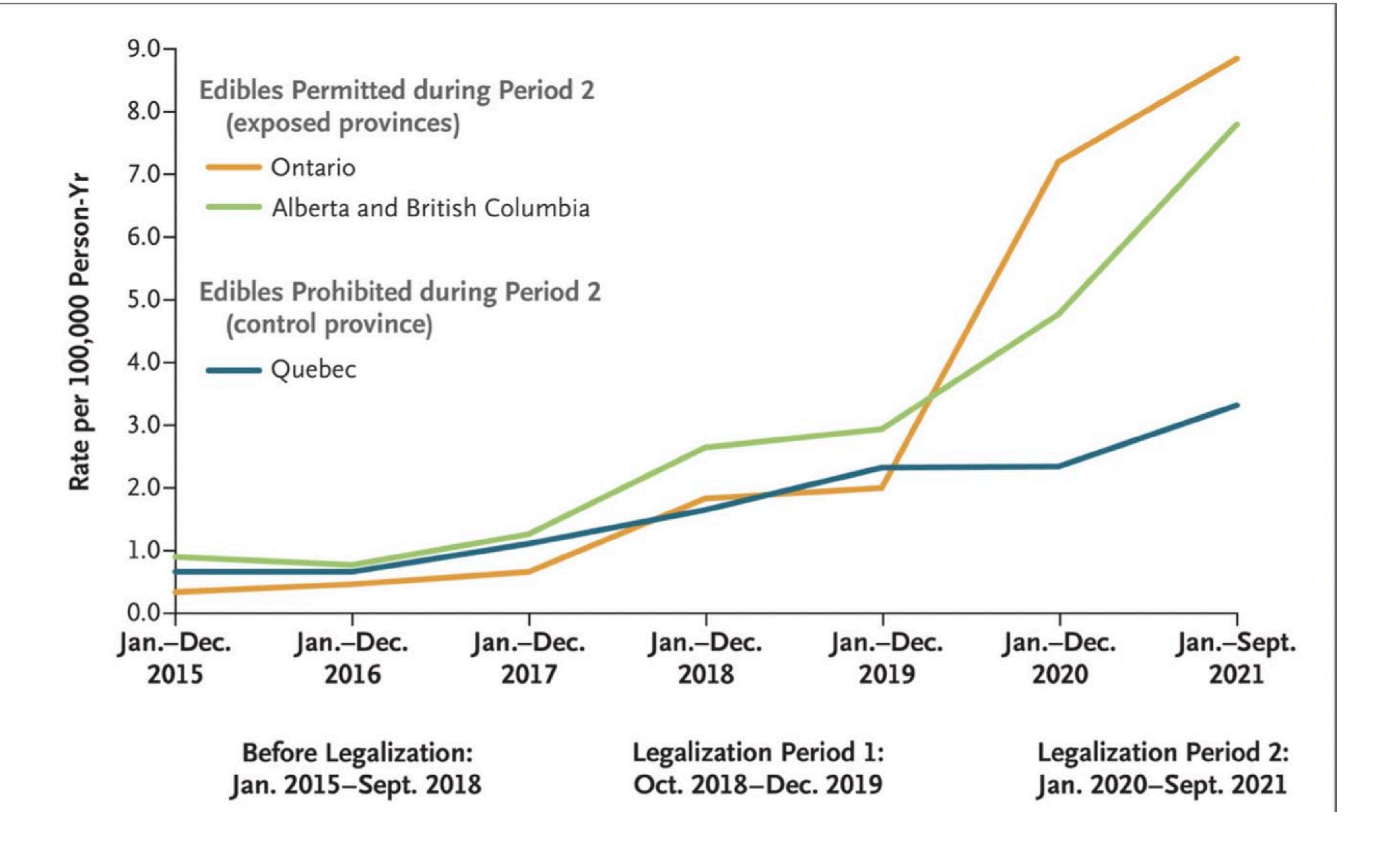
Pediatrics. Published online January 03, 2023. doi:10.1542/peds.2022-057761



Pediatric edible cannabis product ingestions per 1000 pediatric calls to the National Poison Data System by year.

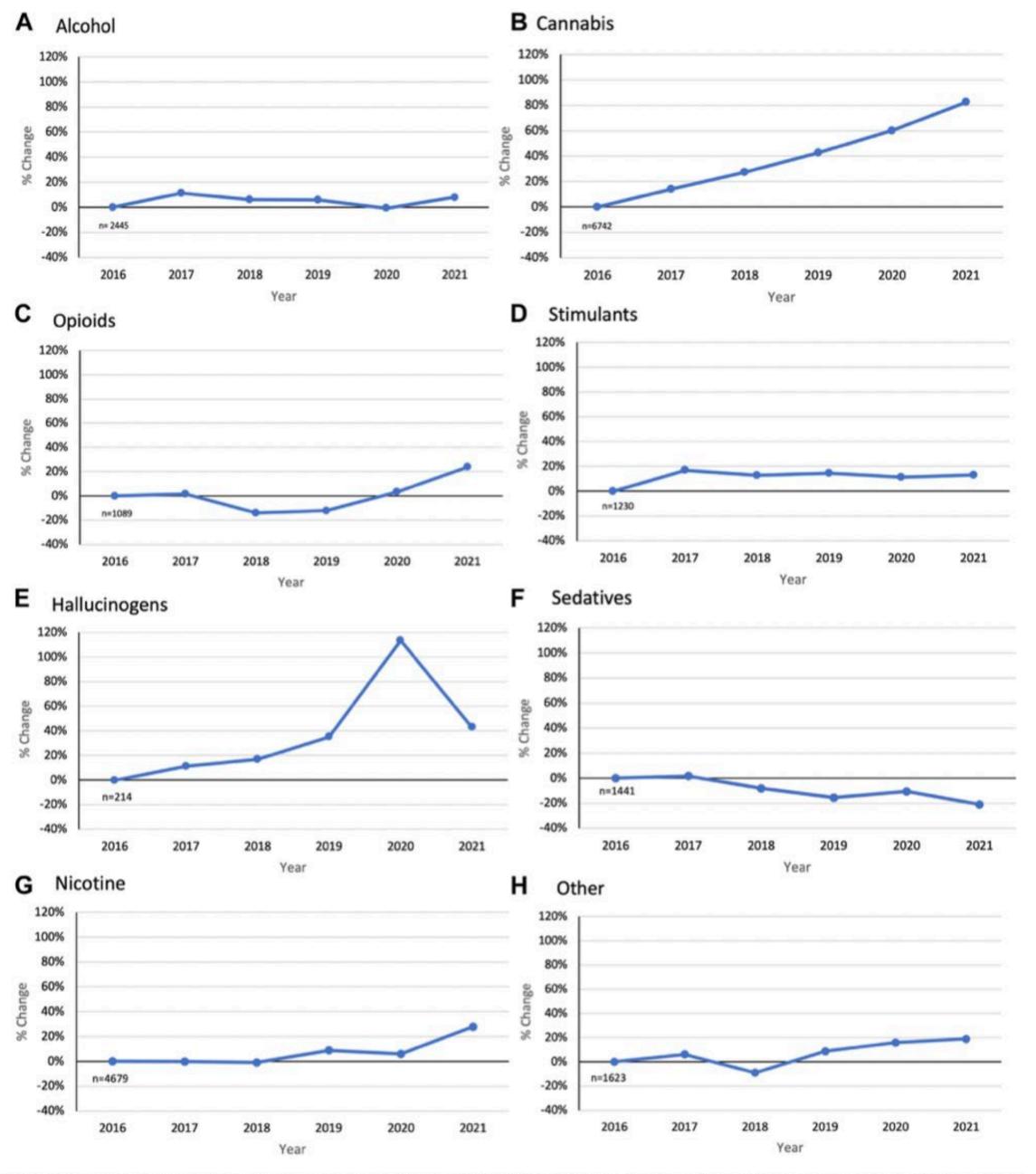
#### Recent Trends in Marijuana-Related Hospital Encounters in Young Children

- May 2022; Academic Pediatrics
  - •Inpatient, emergency department and observation encounters for <a href="mailto:children<6 years">children<6 years</a> with marijuana exposures unique on the patient-year level at <a href="mailto:52 children's hospitals in the Pediatric Health">52 children's hospitals in the Pediatric Health</a> <a href="Information System database">Information System database</a> from 01/01/2004 to 12/31/2018
  - There was a 13.3-fold increase in exposures in 2018 compared to 2004
  - Fifty percent were inpatient (n = 645) and 15% required intensive care with 4% requiring mechanical ventilation



# Trends in Substance-Related Visits Among Youth to US Children's Hospitals, 2016–2021: An Analysis of the Pediatric Health Information System Database

- March 2024; Journal of Adolescent Health
- 106,793 substance-related visits involving 84,632 youth (2016-21)
- All substances except sedatives experienced an increase in growth in visits
- Cannabis accounted for the <u>largest percentage of visits</u> (52.2%) and experienced the <u>greatest percentage growth</u> during the study period

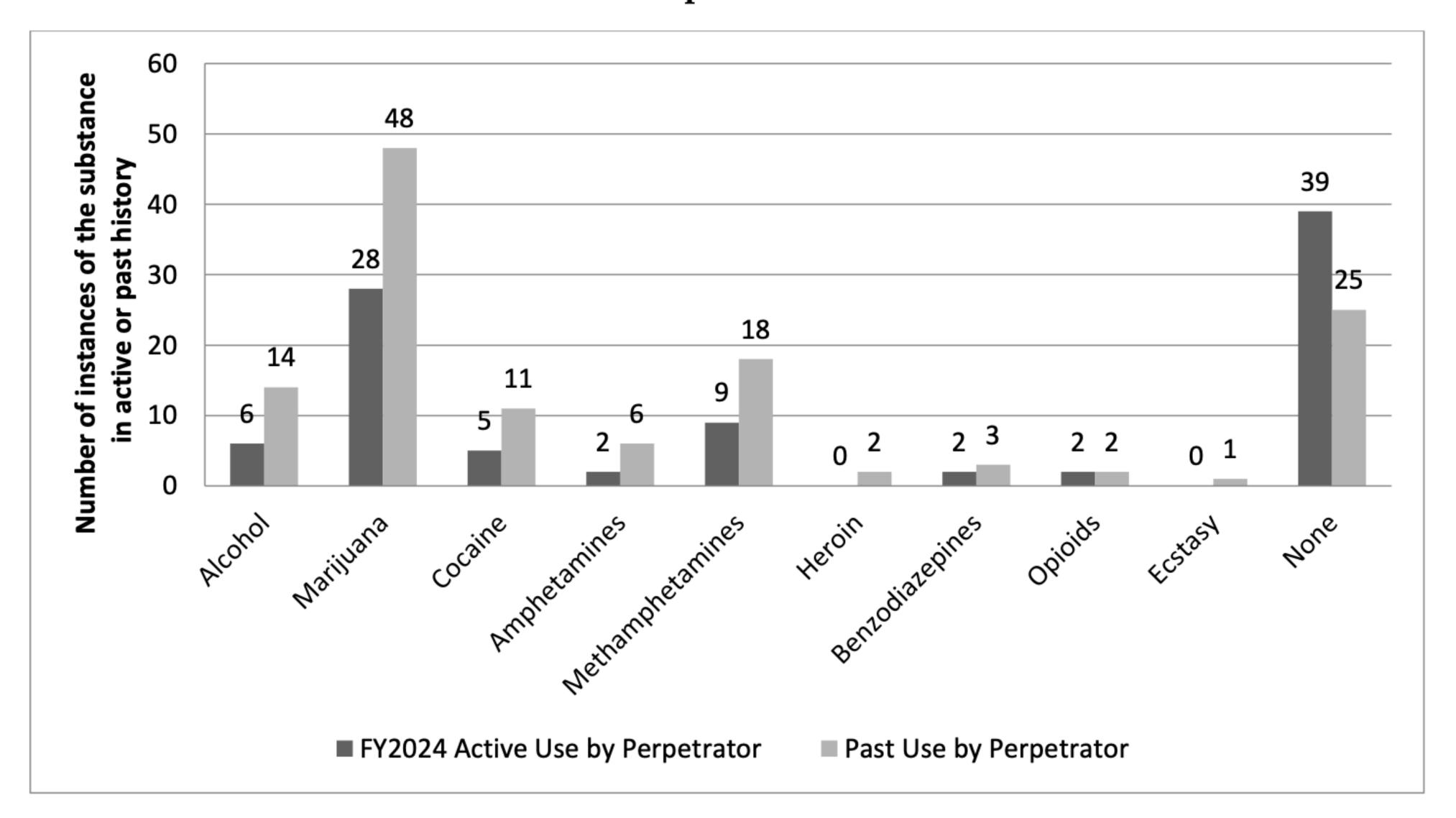


**Figure 2.** Percentage change of substance-related visits by substance from 2016 to 2021. Substance-related growth from 2016 by substance: Alcohol (A), Cannabis (B), Opioids (C), Stimulants (D), Hallucinogens (E), Sedatives (F), Nicotine (G), and Other Substances (H). Growth values were calculated by generalized estimating equations to develop percentage growth for each substance. Growth values calculated relative to number of visits, n, in 2016.

#### Pediatric marijuana ingestions rise more than 1,000%

- Children under 5: Cases increased by 1466.7% from 2016 to 2023
- **ED burden:** The proportion of total ED visits attributable to marijuana ingestion <u>nearly tripled</u> between 2016 and 2023
- Disposition: Hospital admissions to pediatric floors <u>significantly</u> increased while <u>intensive care</u> admissions remained stable

Figure 11. FY 2024 Confirmed Child Abuse or Neglect Fatality by Substance Abuse by Perpetrator



Fifty-four percent (63 cases) of neglect/abuse-related deaths involved substance use (Table 36). Of those, marijuana was the most identified substance, contributing to 44% of child neglect/abuse-related deaths, followed by alcohol (32%) (Table 37).

Table 37. Number and Percentage of Substance Type Identified in Neglect/Abuse-Related Deaths, Ages Birth to 17 Years, Arizona, 2023 (n=63)

Substance Type**	Number	Percent		
Marijuana	28	44%		
Alcohol	20	32%		
Opiate	17	27%		
Methamphetamine	10	16%		
Other (i.e., Prescription Drugs, Cocaine)	*	*		
*Number/Percentage suppressed due to count less than 6.				

https://www.azdhs.gov/documents/prevention/womens-childrens-health/reports-fact-sheets/child-fatality-review-annual-reports/cfr-annual-report-2024.pdf

\*\*More than one substance may have contributed to each death.

### Prevalence Rates, Perceptions of Risk, and Motivations for Non-medical Cannabis Use in Pediatric Pain

- May 2025; JAMA
- 25% of treatment-seeking youths with chronic pain reported lifetime cannabis use, with <u>more than 75%</u> using cannabis instrumentally to treat symptoms <u>despite limited evidence</u> supporting cannabis for pain, sleep, or anxiety
- The <u>CU group</u> was older, included fewer female participants, and reported <u>greater pain interference scores</u> and <u>depressive symptoms scores</u>

#### Cannabinoids and Adverse Convulsive Effects

- August 2025
  - 3% had reports of **convulsive effects**
  - 23.3% related to <u>medical use</u> (27 CBD, 1 THC and 2 combined THC/CBD preparations)
  - 75.4% related to <u>recreational use</u>
  - 81.1% were serious cases

#### Infant Death due to Cannabis Ingestion

- May 2025; Drug Testing and Analysis
- Child exhibited <u>alterations</u> in walking, balance, and consciousness.
   <u>Intubation</u> was needed for the onset of dyspnea
- Cannabinoids were also observed in postmortem <u>central</u> blood, <u>peripheral</u> blood, urine, bile, brain, lung, and liver samples
- An increasing number of intoxication cases are being <u>reported worldwide</u> due to the <u>legalization</u> of cannabis



## Association of Cannabis Use During Adolescence With Neurodevelopment

- June 2021; JAMA Psychiatry
- Cannabis use (from 0 to >40 uses) was <u>negatively</u> associated with <u>thickness</u> in left prefrontal and right prefrontal cortices
- Age-related <u>cortical thinning</u> was qualified by cannabis use in a dosedependent fashion
- Greatest age-related thickness change in middle to late adolescence.

#### Non-disordered Cannabis Use Among US Adolescents

- •May 3, 2023; JAMA
  - Nondisordered cannabis use in adolesents (non-CUD, subclinical)
  - Past-year NDCU was approximately 4 times as prevalent as past-year CUD
  - Individuals with NDCU had approximately <u>2 to 4 times greater odds of ALL adverse psychosocial events</u> examined, including major depression, suicidal ideation, slower thoughts, difficulty concentrating, truancy, low grade point average, arrest, fighting, and aggression

## Young Adult Depression and Cannabis Use: Associations Before and After Recreational Legalization

- September 2023; American Journal of Preventative Medicine
- The <u>association</u> between prevalence rates of young adult depression and cannabis use <u>strengthened following</u> <u>recreational legalization</u> in the US
- May be potentially due to <u>increases in cannabis accessibility</u> and the acceptance of the health benefits of cannabis, which may enhance the use of cannabis as a <u>coping mechanism</u> among young adults with depression

### Suicidality

- •March 2021: American Academy of Pediatrics
  - •Current <u>adolescent prescription opioid misuse</u> is associated with <u>increases in the risk for suicide-related behaviors</u>
  - Adolescent marijuana use —> opioid misuse —> suicidality

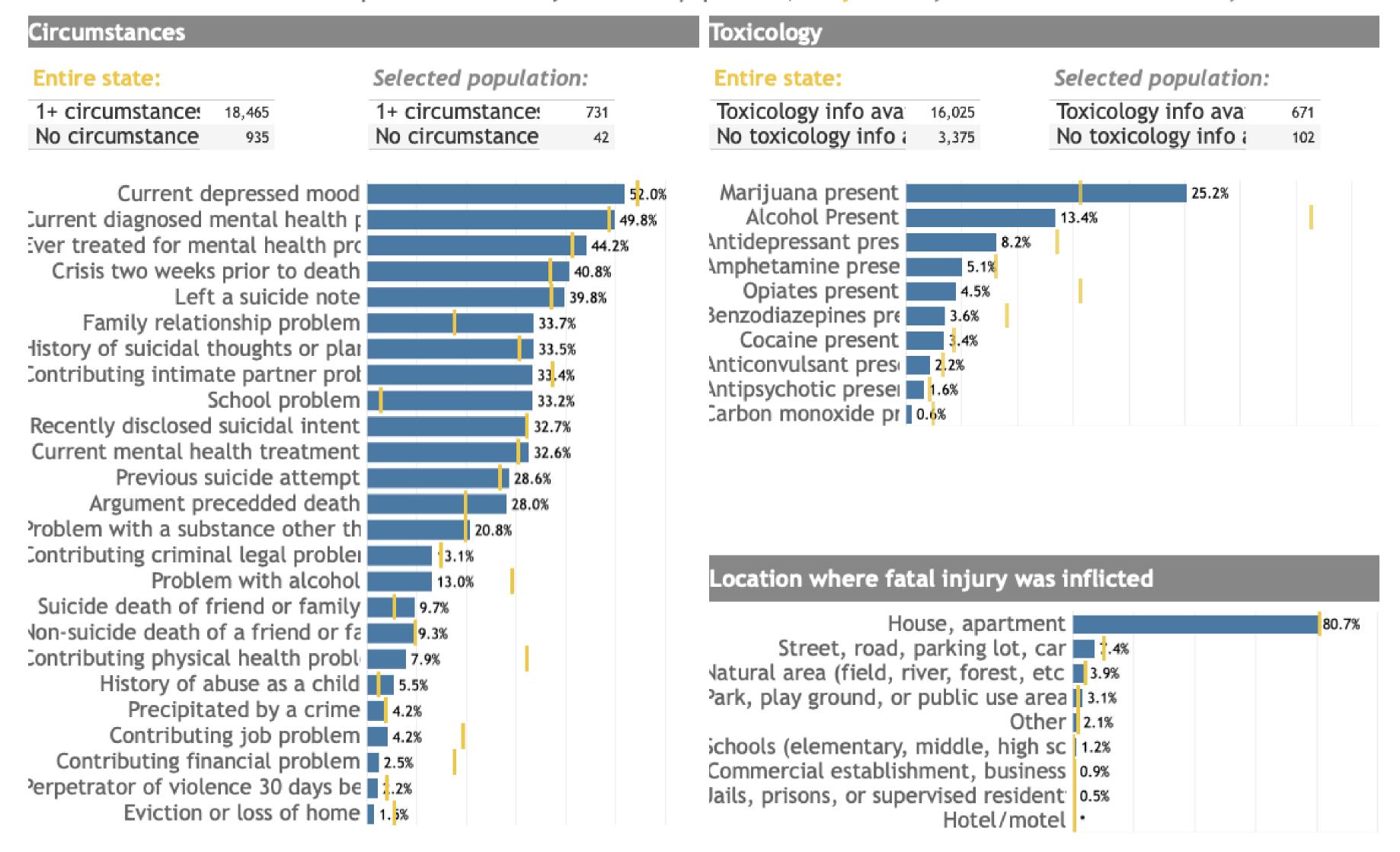
### Suicide Risk

- September 2022; J. Psychiatric Research
- Cannabis smoking increases the risk of suicide ideation and suicide attempt in young individuals of 11–21 years: A systematic review and meta-analysis
- Cannabis smoking <u>increased</u> the risk of suicide <u>attempt</u>, suicidal <u>ideation</u> and suicide <u>planning</u> in young individuals of 11–21 years of age

# Cannabis Use Is Associated With Depression Severity and Suicidality

- July 2023; Journal of the American Academy of Child and Adolescent Psychiatry
  - •Cannabis use is associated with higher odds of depression and depression severity in adolescence.
  - •Depression and cannabis use are independently associated with higher odds of <u>suicide attempt</u>

For all charts below: the bars represent the values for selected population, the yellow reference bands are the values for the entire



https://cohealthviz.dphe.state.co.us/t/HealthInformaticsPublic/views/COVDRSSuicideDashboardAllYearsExcludesearce/Story1?:embed=y&:iid=1&:isGuestRedirectFromVizportal=y

Table 2. Toxicology test results among non-natural, non-homicide deaths, Colorado residents younger than 25 years (population of interest), 2010-2021

Toxicology result*	Frequency	Percent (%) (n=2,165)
Toxicology test results available	2165	
No substance	650	30.0%
THC present	678	31.3%
Alcohol present	570	26.3%
Opioid present	513	23.7%
Amphetamine present	249	11.5%
Cocaine present	238	11.0%
Benzodiazepines present	185	8.5%
Antidepressant present	183	8.5%
Anticonvulsants present	73	3.4%
Antipsychotic present	53	2.4%
Carbon monoxide present	41	1.9%
Muscle relaxant present	10	0.5%
Barbiturates present	5	0.2%

Figure 5. Crude mortality rate of population of interest with substances present in postmortem toxicology test results per 100,000 Colorado residents younger than 25 years, Colorado, 2010-2021

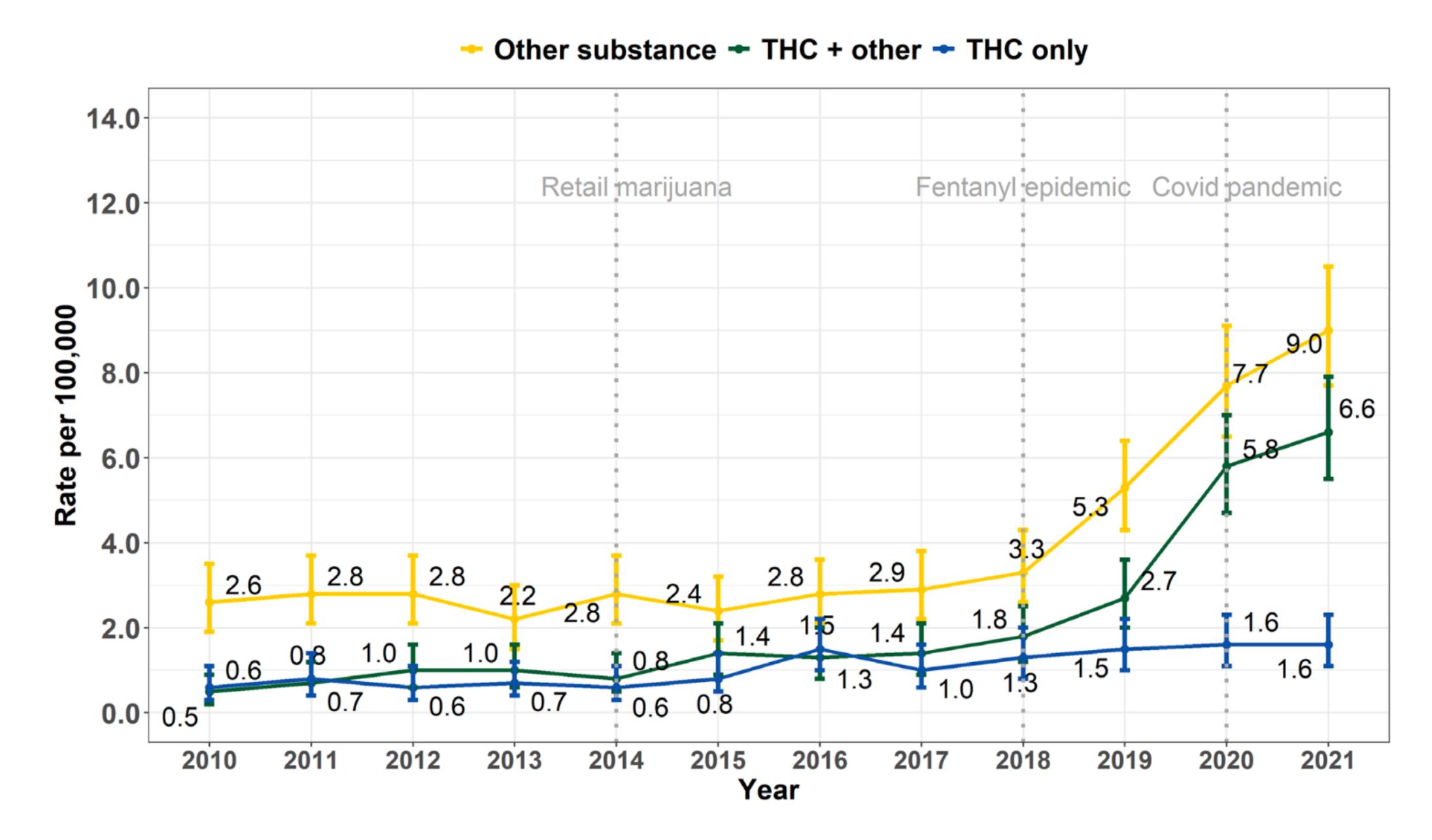
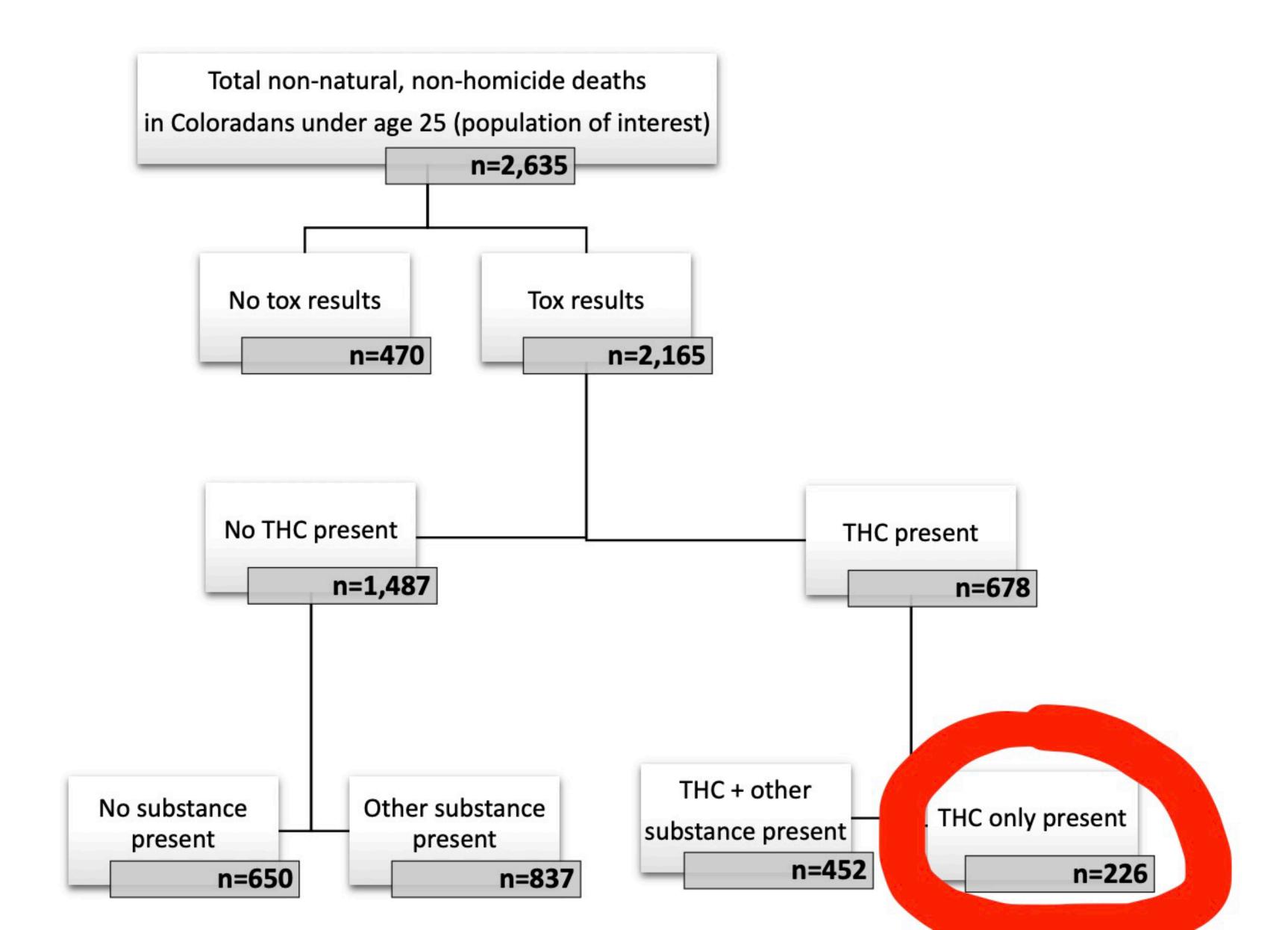
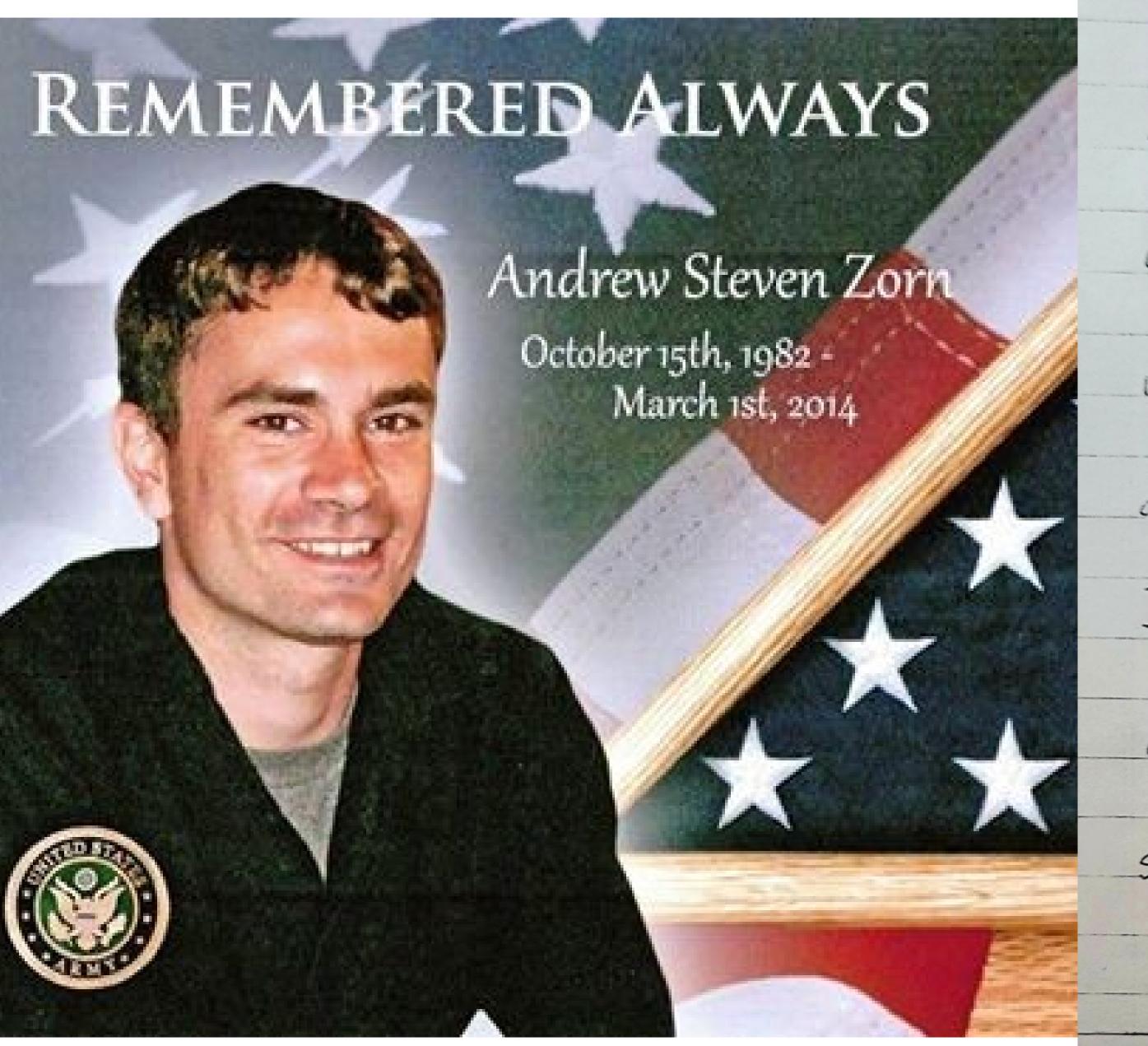


Figure 2. Toxicology test results by substance present, among non-natural, non-homicide deaths, Colorado residents younger than 25 years (population of interest), 2010-2021





I barely ever do what I want. I want to die. I am quitting while I am ahead. I don't want anyone to worry about me. I an setting my parents free. Otherwise I will only get worse. My soul is already dead. Marijuava tilled ny soul & ruined my brain. I am doing everyone a favor.

## Age-dependent association of cannabis use with risk of psychotic disorder

- May 2024; Psychological Medicine
- N = 11,363
- Adolescent/teen use has 11x risk of developing psychosis
- 5 out of 6 teens with psychotic symptoms <u>used cannabis</u>
- Strength of <u>association</u> during adolescence was notably <u>greater than in</u> <u>previous studies</u>, possibly reflecting the recent rise in <u>cannabis potency</u>.

## How has non-medical cannabis legalization served the health and welfare of under-age (adolescent) youth in Canada?

- May 2024; Lancet
- Under-age youth in Alberta (<18 years) and Ontario (<19 years), legalization
  was associated with a <u>20% increase-equivalent</u> (2015–2019) for <u>emergency</u>
  <u>department visits</u> involving cannabis-related <u>disorder/poisoning</u>,
- There were increases in cannabis-related (e.g., for psychosis, poisoning, withdrawal, harmful use) **hospitalizations** among young individuals (ages 15–24) in Canada's four largest provinces

## Legalizing Youth-Friendly Cannabis Edibles and Extracts and Adolescent Cannabis Use

- April 2025; JAMA Network Open
- Cannabis legalization was associated with
  - 26% increase in the overall prevalence of cannabis use
  - 43% increase in edible cannabis use
  - 34% increase in cannabis smoking
  - 28% increase in co-use of alcohol and cannabis.
- The legalization was also associated with <u>lower perception</u> of cannabis <u>harms</u>.

https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2832970?resultClick=3

## E-Cigarette and Cannabis Social Media Posts and Adolescent Substance Use

- June 2025
- Frequent exposure to <u>cannabis social media posts</u> was associated with solo e-cigarette use, solo cannabis use, and dual use initiation at 1-year follow-up.
- Exposure to e-cigarette posts from friends was associated with <u>past-month dual use</u>
- Exposure to friends' cannabis posts was also associated with <u>past-month</u> cannabis and dual use.

Figure 44. Top Modes of Marijuana Use Self-Reported to National Survey on Drug Use and Health

Mode of use	Users 12-17, 2022	Users 12-17, 2023	2023 Change from 2022
Smoking	76.6%	79.3%	<b>2.7%</b>
Vaping	59.7%	63.4%	<b>▲ 3.7%</b>
Dabbing Waxes, Shatter, or Concentrates	23.3%	16.9%	▼ -6.4%
Eating or Drinking	36.1%	38.5%	<b>▲ 2.4%</b>
Lotion, Cream, or Patches to the Skin	8.2%	4.9%	▼ -3.3%
Drops, Strips, Lozenges, or Sprays	2.2%	1.0%	▼ -1.2%

Source: National Survey on Drug Use and Health

## Legalizing Youth-Friendly Cannabis Edibles and Extracts and Adolescent Cannabis Use

- April 2025; JAMA
- Cannabis legalization was associated with
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  - a 43% increase in edible cannabis use
  - a 34% increase in cannabis smoking
  - a 28% increase in co-use of alcohol and cannabis



These vapes didn't come from a gas station or vape shop...

They came from 6th, 7th, and 8th graders at ONE middle school.

After learning how harmful and addictive vaping really is, students came forward even asking their principal if they could bring in the ones they had at home to turn them in.

### Geriatric



## Trends in emergency department visits associated with cannabis use among older adults in California, 2005–2019

- January 2023; Journal of American Geriatrics Society
- 2005-2019
- Cannabis-related <u>ED visit rate increased</u> significantly for adults aged ≥65 and all subgroups (65-74, 75-84, >85)
- Overall rate increased from 20.7 per 100,000 visits in 2005 to 395.0 per 100,000 ED visits in 2019, a 1,804% relative increase

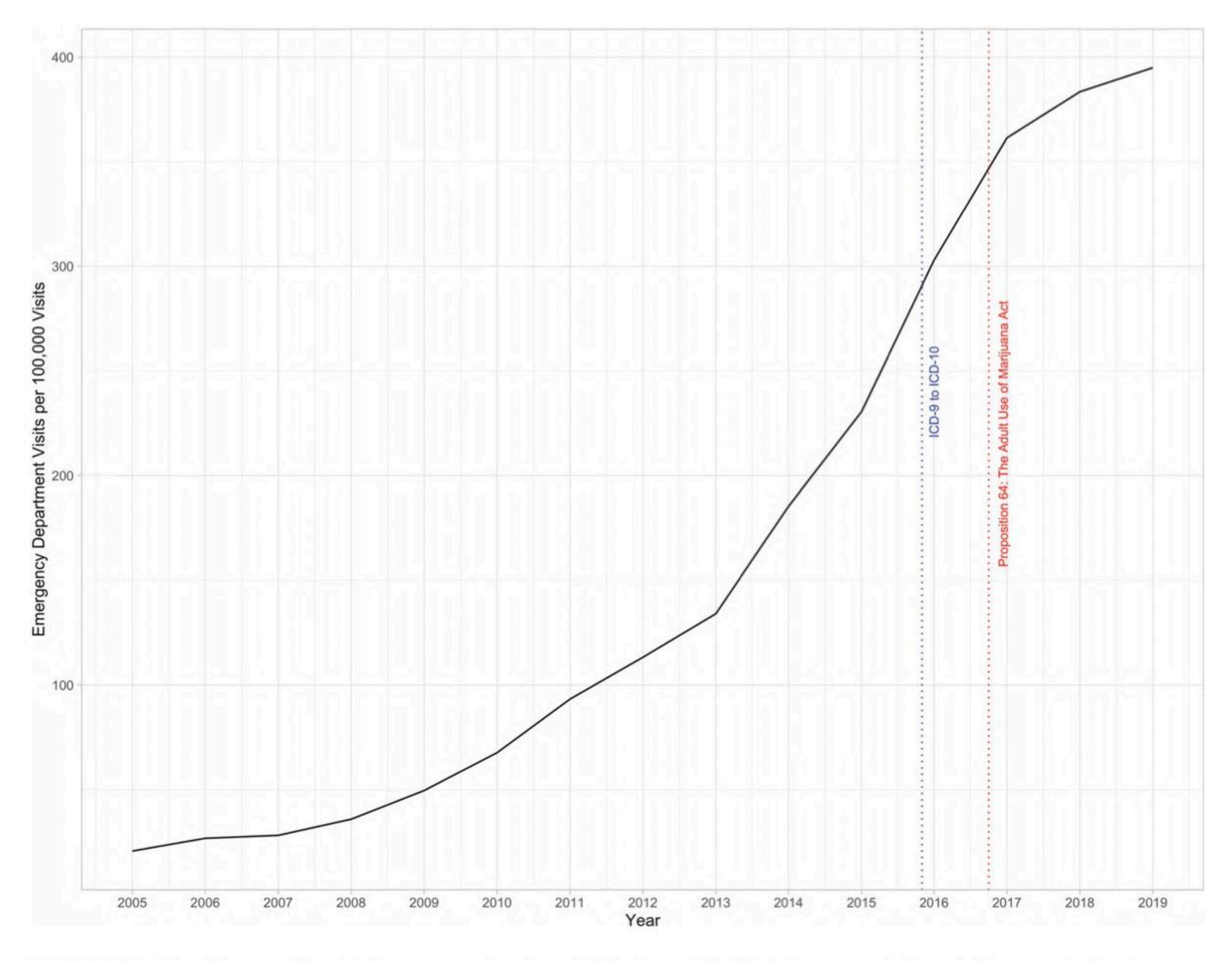


FIGURE 1 Trend in cannabis-related emergency department visit rate per 100,000 visits among adults aged 65 years and older in California, 2005–2019

#### Time to Act on a Growing Public Health Threat— Evidence of Elevated Mortality in Cannabis Use Disorder

- February 2025; JAMA Network Open; (n = 11 622 571 individuals)
- Being hospitalized for CUD showed:
  - 4x more likely to die of an opioid or other drug overdose
  - 180% increase in 5-year all cause mortality risk
  - 870% increase in suicide risk
  - 280% increase in lung cancer death

## Risk of Dementia in Individuals With Emergency Department Visits or Hospitalizations Due to Cannabis

- April 2025; JAMA Neurology
- Annual rates of incident acute care due to cannabis use increased <u>500%</u> in individuals aged 45 to 64 years and <u>2700%</u> in individuals aged 65 years or older between 2008 and 2021
- Individuals with cannabis use severe enough to require hospital-based care were at <u>increased risk of a new dementia diagnosis</u> compared with those with all-cause hospital-based care or the general population

#### Cannabis Use Among Older Adults

- May 2025; JAMA Network Open
- In older veterans, use was common, and more than one-third who used in the past 30 days had any CUD
- Frequent and inhaled cannabis use was associated with <u>higher odds</u> of any CUD

#### Trends in Past-Month Cannabis Use Among Older Adults

- July 2025; JAMA Internal Medicine
- Studies show an increase in past-year use of cannabis by adults aged 65 years or older from less than 1.0% in 2005 to 4.2% in 2018
- Prevalence of past-month cannabis use among older adults <u>increased</u> significantly from 4.8% in <u>2021</u> to 7.0% in <u>2023</u>
  - 45.8% increase in 2 years

### Colorado Hospitalizations related to Cannabis

• 2024 Report from CDPHE (2022 data)

Total hospital discharges, 2022: 476,281

Hospital discharges with cannabis code: 12,324

Hospital discharges with cannabis-only code: 7,177 (58.2%)

Equates to: 598 cannabis-only hospitalizations PER MONTH

149 cannabis-only hospitalizations PER WEEK

21 cannabis-only hospitalizations PER DAY

#### **Action Plan**

- Cannabis is not a medication. Cannabis is a plant
- Support drug-development process for cannabinoids, including evidence-based dosing guidelines of cannabis-based medications
- Support potency cap (10% THC?)
- Eliminate home grows: breeding ground for illegal activity
- Track, monitor, and document public health impact (health care utilization, ER, birth defects, etc)
- Monitor and publish environmental impacts

#### **Action Plan**

- Mandatory drug testing for all violent crimes (cannabis induced psychosis)
- Monitor adolescent use closely
- Discourage smoking and vaping (EVALI)
- Discourage use during pregnancy and lactation
- Drug testing/toxicology on all suicides, including adolescents
- Monitor marijuana-related driving fatalities

### "Truth Coming Out of Her Well" by Jean-Léon Gérôme

The Lie said to the Truth, "Let's take a bath together, the well water is very nice. The Truth, still suspicious, tested the water and found out it really was nice. So they got naked and bathed.

But suddenly, the Lie leapt out of the water and fled, wearing the clothes of the Truth.

The Truth, furious, climbed out of the well to get her clothes back. But the World, upon seeing the naked Truth, looked away, with anger and contempt.

Poor Truth returned to the well and disappeared forever, hiding her shame. Since then, the Lie runs around the world, dressed as the Truth, and society is very happy...

Because the world has no desire to know the naked Truth

